

**CLASS 5A  
FIRST TEAM**



**MVP Stephanie Verdoia**  
Forward  
Senior, Brighton



**Forward » Jade Tarver,**  
Jordan, Sr.



**Forward » Rylei North,**  
Alta, Sr.



**Forward » Ali Forsberg,**  
Viewmont, Sr.



**Forward » Darian Jenkins,**  
Riverton, So.



**Midfielder » Kenzie Harrison,**  
Davis, Jr.



**Midfielder » Sammi Swan,**  
Davis, Jr.



**Midfielder » Sara Lorscheider,**  
Viewmont, Jr.



**Midfielder » Ashley Abernethy,**  
Skyline, So.



**Midfielder » Lexe Selman,**  
Alta, Jr.



**Midfielder » Chansi Crompton,**  
Fremont, Jr.



**Defender » Sarah Ranck,**  
Brighton, So.



**Defender » Sarah Silverstein,**  
Skyline, Jr.



**Defender » Emma Thompson,**  
Davis, Sr.



**Defender » Morgan Christiansen,**  
Viewmont, Sr.



**Goalkeeper » Anna Cassell,**  
Skyline, Sr.



**Goalkeeper » Natalie Stoven,**  
Brighton, Jr.

**5A SECOND TEAM**  
**FORWARDS »** Liz Christensen, Bingham; Taylor Ivins, Fremont  
**MIDFIELDERS »** McKenna Kimball, Brighton; Maris Hamblin, Lone Peak; Michele Murphy, Alta; Kendra Bailey, Davis; Amanda Jensen, Brighton; Kristine Hillard, Weber  
**DEFENDERS »** Alyssa Jefferson, Jordan; Lexi Felix, Brighton; Ryley Hansen, Fremont  
**GOALKEEPERS »** Alex Cook, Viewmont; Dani MacKay, Davis

**CLASS 4A  
FIRST TEAM**



**MVP Marissa Nimmer**  
Midfielder  
Senior, Timpanogos



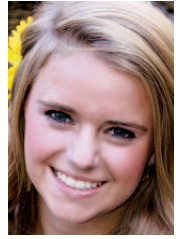
**Forward » Lexi Eaton,**  
Springville, Sr.



**Forward » Stacy Bair,**  
Sky View, Jr.



**Forward » Jaiden Thornock,**  
Bonnevill, Sr.



**Forward » McKenzie Adams,**  
Timpanogos, Sr.



**Midfielder » Arianna Weide,**  
S. Canyon, So.



**Midfielder » Rachel Bingham,**  
Maple Mtn., Fr.



**Midfielder » Kristen Bodine,**  
Orem, Jr.



**Midfielder » Paige Hunt,**  
Bountiful, Sr.



**Midfielder » Jamie Harward,**  
Timpanogos, Sr.



**Midfielder » Madeline Gochnour,**  
East, Sr.



**Defender » Emily Fox,**  
Lehi, Sr.



**Defender » Allie Shaw,**  
Bonnevill, Sr.



**Defender » Brooke Larsen,**  
Springville, Sr.



**Defender » Lexie Henrie,**  
Timpanogos, Jr.



**Goalkeeper » Hilary Smith,**  
Orem, Sr.



**Goalkeeper » Ali Houghton,**  
Lehi, Jr.

**4A SECOND TEAM**  
**FORWARDS »** Megan Sackett, Orem; Baylee Nielsen, Maple Mtn.  
**MIDFIELDERS »** Aya Watanabe, Timpvew; Megan Marchbanks, Springville; Tiffany Trost, Woods Cross; Avery Ford, Bonneville  
**DEFENDERS »** Dylan Downs, Lehi; Ambryn McCallison, East; Val Buckway, Bonneville; April Holdaway, Salem Hills  
**GOALKEEPERS »** Nish Bindraban, Timpvew; Kara Betts, Maple Mtn.

**CLASS 3A  
FIRST TEAM**



**MVP Vicki Shimkus**  
Midfielder  
Senior, Juan Diego



**Forward » Emily Bruder,**  
Juan Diego, So.



**Forward » Kaitlyn Wilcox,**  
Bear River, Jr.



**Forward » Jessica Dancy,**  
Park City, Fr.



**Forward » Kambri Broad,**  
Ben Lomond, Sr.



**Midfielder » Adrienne Burr,**  
Judge, Jr.



**Midfielder » Anne Fitzgerald,**  
Wasatch, Sr.



**Midfielder » Becca Rees,**  
Morgan, Sr.



**Midfielder » Danielle Gaztambide,**  
Judge, Jr.



**Midfielder » Kaitlin Flynn,**  
Juan Diego, Jr.



**Midfielder » Julia Kranstover,**  
Park City, Sr.



**Defender » Camari Remund,**  
Wasatch, Sr.



**Defender » Blake Lukanowski,**  
Park City, Jr.



**Defender » Sami Myers,**  
Park City, Sr.



**Defender » Chelsea Fairbourn,**  
Morgan, Sr.



**Goalkeeper » Bethany Kantan,**  
Park City, Sr.



**Goalkeeper » Tara Shipp,**  
Cedar, So.

**3A SECOND TEAM**  
**FORWARDS »** Sabrina Walker, Juan Diego; Ashlee Braun, Canyon View  
**MIDFIELDERS »** Kapri Beus, Bear River; Maggie Reigelsperger, Park City; Ali Rosquist, Manti; Carly Stratton, Hurricane; Sarah Peterson, Judge  
**DEFENDERS »** Charity Suttner, Desert Hills; Sydney Heiber, Juan Diego; Allie Bowers, Park City  
**GOALKEEPERS »** Hannah Cornaby, Bear River; Heidi Richardson, Manti

**CLASS 2A  
FIRST TEAM**



**MVP Taylor Ritzman**  
Forward, defender  
Senior, Waterford



**Forward » Ilee Barton,**  
St. Joseph, Jr.



**Forward » Jane Porter,**  
St. Joseph, Fr.



**Forward » Keri Brunson,**  
Millard, Jr.



**Forward » Krystyn Stevens,**  
Millard, Sr.



**Midfielder » Emma Sindelar,**  
Waterford, Sr.



**Midfielder » Alex Shaw,**  
St. Joseph, Sr.



**Midfielder » Joanna Matyjasik,**  
St. Joseph, Jr.



**Midfielder » Tauna DeHaan,**  
St. Joseph, Sr.



**Midfielder » Anna Jobe,**  
Rowland Hall, So.



**Midfielder » Sarah Nilsson,**  
Gunnison, Jr.



**Defender » Carson Lyness,**  
Rowland Hall, Jr.



**Defender » Mikael Thatcher,**  
Parowan, So.



**Defender » Katie Panushka,**  
St. Joseph, So.



**Defender » Natalia Behnken,**  
St. Joseph, Jr.



**Goalkeeper » Jeannie Woller,**  
Waterford, Jr.



**Goalkeeper » Breanne DeMar,**  
St. Joseph, Jr.

**2A SECOND TEAM**  
**FORWARDS »** Alyssa Attime, Layton Christian; Amanda Sheets, Grand; Carolyn Wozniak, R. Hall  
**MIDFIELDERS »** Neisha Roy, Parowan; Shelby Sheriff, Millard; Jessica Bertuzzi, Grand  
**DEFENDERS »** Kristen Johnson, Waterford; Michelle Howe, St. Joseph  
**GOALKEEPERS »** Anna Loughridge, R. Hall; Sarah Degraff, Lithona

**COACH OF THE YEAR**

**Castillo restored order to Eagles**

Castillo's expectations and patience led Skyline into the semifinals.

By **KYLE GOON**  
*The Salt Lake Tribune*

In one of Yamil Castillo's first meetings with the Skyline soccer team last spring, he announced the girls would help him clean out a cluttered, dirty storage shed by the field. The Eagles pulled out the junk, and started organizing their equipment, making new shelving and putting everything in its proper place.

"I think right from the beginning, Yamil showed how he was going to run the program," says Paul Cassell, Castillo's assistant coach. "He demanded excellence from day one. He showed them the team was going to be organized and under control."

The cluttered shed was much like the job Castillo took on when he became head coach at Skyline. He came across a program that was struggling for organization after going through three different coaches in three years prior to his arrival. The Eagles always possessed the talent, but had never found a way to harness it.

This season, Skyline won its first playoff game in seven years, and the Eagles clawed their way into the semifinals with a tremendous defense under the direction of Castillo, *The Tribune's* 2010 coach of the year.

"We accomplished great things," Castillo says. "I told them, 'We are going to play as a team, and we'll succeed as a team.' I don't coach any prima donnas or superstars. The players trusted me, and they never complained. They made me look good."

For Castillo to succeed, the players had to overcome their own reservations about having a new coach. But Castillo's knowledge of the game and his commitment to the Skyline program — rather than his career — won them over.

"I honestly didn't know what to think at first, because we've done this four times and you never know what you're going to get," says Anna Cassell, a senior goalkeeper and a captain. "I think early on, you could tell he was going to give everything he could to help us, and that's a sign of a good coach."

Although the Eagles were capable players, Castillo thought their mental game and preparation needed adjustments.

Players describe his calm composure as helping them relax, particularly in a late comeback against Fremont in the quarterfinals. Castillo also drilled them continuously on game situations such as shootouts, which also came in handy against the Silver Wolves.

"He is really patient, and it makes us all trust him," defender Sarah Silverstein says. "He really knew what we needed to do mentally to win in those tough games. He gave us great advice, and we knew we were going to go far."

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**“I think right from the beginning, Yamil showed how he was going to run the program. He demanded excellence from day one. He showed them the team was going to be organized and under control.”**

**PAUL CASSELL** | Yamil Castillo's assistant coach