

## NCAA Drug Testing Reporting Schedule Wednesday,

5:30am	M-Cross Country	Football	Football	Football	Football	Football
5:45 am	Football	Football	M-Cross Country	Football	Football	Football
6:00 am	M-Cross Country	Football	Football	Football	W-Track	Football
6:15 am	Football	Football	Football	Football	Football	M-Cross Country
6:30 am	M-Cross Country	Football	Football	Football	Football	Football
6:45 am	M-Cross Country	M-Cross Country	M-Cross Country	M-Cross Country		
7:00 am						

Date: (Two days before test)

Memo To: (Coaches Name)

From: Dennis Helwig

Subject: Random Drug Testing

The student-athletes listed below have been selected for NCAA random drug testing on (Date of Test). Inform your student-athletes to report to me or to my assistant, Janet Benson in the McClain training room prior to 12:00pm on (Day Prior to Testing). They are required to sign a NCAA Drug Testing Notification Form and receive their reporting time for (Day of test).

**They must have their University picture ID.** Remind them that failure to report for drug testing will result in NCAA disqualification for 1 year.

The selected athletes are:

(Name of athletes and their reporting times for testing)

Cc: (Athletic Trainer's Name)

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(Name of athlete and their reporting time for test)

The selected athlete is:

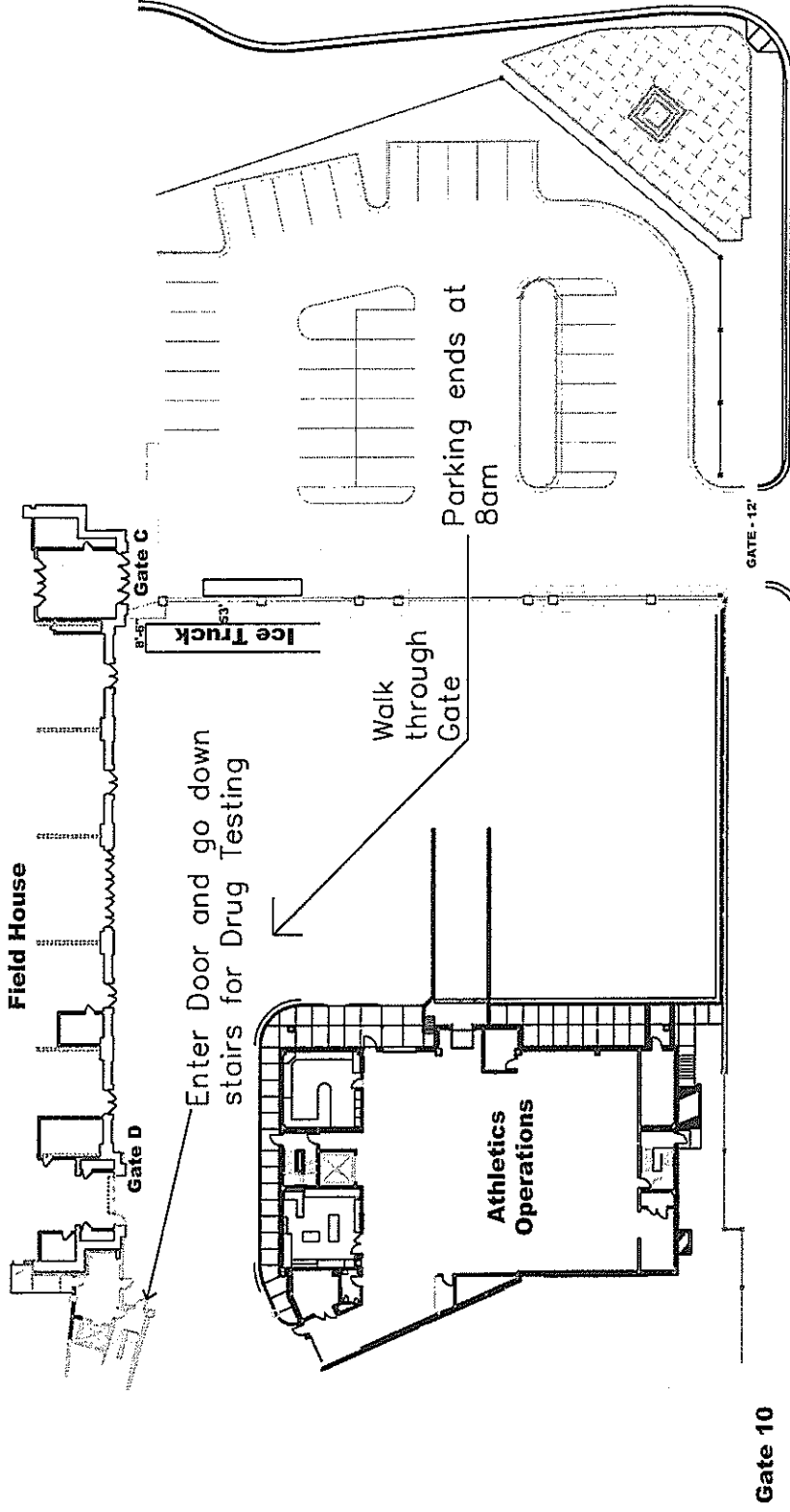
The student-athlete listed below has been selected for NCAA random drug testing on (Date of Test). Inform your student-athlete to report to me or to my assistant, Janet Benson in the McClain training room prior to 12:00pm on (Day Prior to Testing). He/She is required to sign a NCAA Drug Testing Notification Form and receive his/her reporting time for (Day of test).  
**(He/She) must have their University picture ID.** Remind (him/her) that failure to report for drug testing will result in NCAA disqualification for 1 year.

Subject: Random Drug Testing

From: Dennis Helwig

Memo To: (Coaches Name)

Date: (Two days before test)



**25 North Breese Terrace  
Madison, WI 53711**

Gate 10

NCAA DRUG TESTING  
REMINDERS

***Bring along your photo I D***

You are asked to have with you a photo identification card. If you forget your I D card you will be required to go get one.

***Report on time***

Set your alarm or have a friend call you to wake you up.

***Do not go to the bathroom prior to reporting***

If you wake up earlier, and have to urinate report to the drug testing area, you will be accommodated prior to your reporting time. Do not drink more fluid than normal prior to bedtime.

***Do not drink large amounts of fluids***

If you over hydrate you run the risk that your urine will be too dilute to accept as a specimen. You will be required to remain in the facility until you produce an acceptable specimen.