

Western Michigan University  
Division of Intercollegiate Athletics



**Procedures and  
Regulations Implementing  
Policy on Drug Education  
and Random Drug Testing  
for Student-Athletes**



WESTERN MICHIGAN UNIVERSITY

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Division of Intercollegiate Athletics

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Policy on Drug Education and Random  
Drug Testing for Student-Athletes**

**Overview**

The Board of Trustees of Western Michigan University (WMU) has authorized the random drug testing of student-athletes in accordance with procedures and regulations promulgated by the Division of Intercollegiate Athletics ("Intercollegiate Athletics" or "Athletic Department") and the Vice President for Legal Affairs and General Counsel. Amendments to these procedures may be issued with or without notice as these offices deem appropriate. Nothing in either the Board policy or these procedures shall be construed to create a contract between student-athletes and WMU. However, signed consent and notification forms shall be considered affirmance of the student-athletes' agreement to the terms and conditions contained therein and this policy and procedures, and shall be legal contractual obligations of the student-athletes.

The Division of Intercollegiate Athletics at Western Michigan University is concerned with the health, safety, and welfare of the student-athletes who participate in its programs and represent the college in competitive athletics, as well as the integrity of its programs and competitions. Substance abuse is one of the most important issues facing athletics and society today. The use of illegal drugs, misuse of legal drugs and dietary supplements, use of performance-enhancing substances, and inappropriate use of alcohol and tobacco are inconsistent with the standards expected of student-athletes at Western Michigan University. Substance use and abuse in sports can pose risks to the student-athlete's health, negatively affect his or her academic and athletic performance, and can also compromise the integrity of athletic competition and the ideals of Western Michigan University.

Random drug testing is appropriate to ensure the health, safety and welfare of student-athletes, to promote fair competition in intercollegiate athletics, to affirm compliance with applicable rules and regulations on drug and alcohol abuse, to identify student-athletes who are improperly using drugs or alcohol, and to assist them before they harm themselves or others, and to protect the integrity of the University's athletic program. Furthermore, educational programming will assist in supporting a positive decision-making process.

Education, testing, professional guidance, and/or other measures are included in these procedures developed for policing and enforcing the Board policy:

- \* Education includes providing student-athletes and athletics staff with information about the problems associated with substance use in sport, promoting health and safety in sports
- \* Testing includes analyzing biological specimens to detect prohibited substances student-athletes may introduce to their bodies
- \* Professional Referral includes facilitating appropriate treatment and rehabilitation of student-athletes.
- \* Other measures include associated punitive consequences resulting from prohibited use detailed in these procedures, and taking those measures deemed appropriate by the University in accordance with University policy, procedures, and the law.
- \* The phrase "this policy" as used in these procedures shall refer to the Board approved Policy on Drug Education and Random Drug Testing for Student-Athletes and these procedures implemented pursuant to this policy.

**Procedures and Sanctions-  
Supplemental to Other Requirements**

These procedures and sanctions are in addition and supplemental to any and all policies, procedures, consent forms, rules, codes, requirements, and sanctions allowed and/or required by Western Michigan University, the NCAA, conferences, law, and any other legal authority or entity (collectively "requirements.") Student-athletes and other students continue to remain subject to other requirements.

The procedures and sanctions set forth herein address and apply only in regard to this policy. Acts, conduct, violations, and/or failure to comply with other requirements subject the student-athlete to additional procedures and sanctions in accordance with those other requirements.

**Alcohol, Tobacco, and  
Other Drug Education**

Student-athletes who are educated about substance use in sport are more likely to make informed and intelligent decisions about usage. Western Michigan University will conduct drug and alcohol education program for student-athletes on a yearly basis. These educational programs will be designed to review athletic department, institutional, conference, and national governing body procedures related to alcohol, tobacco and other drugs. Educational materials will be made available to participants including this policy and a list of banned substances. All student-athletes and athletics staff members are required to attend the program or acceptable make-up sessions. In addition to educating student-athletes and athletics staff about the various procedures, the institutional drug-testing program will be discussed. Dietary supplements and their inherent risks will be discussed. Time will be allowed for questions from participants. In addition, special educational programs may be arranged to provide participants the opportunity to learn more about the dangers of specific substances.

## **Consent and Release as Conditions of Participation**

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Participation in intercollegiate athletics at Western Michigan University is a privilege, not a right. As conditions of being permitted to participate in the University's athletic programs, student-athletes must comply with this policy and all other applicable requirements and procedures, including complying with and consenting to the drug education and random drug testing procedures and requirements, and signing forms indicating their understanding and voluntary consent to these requirements and procedures and release of results, information, and waiver of liability as deemed appropriate by the University.

Failure to consent to and/or to comply with the requirements of this policy and procedures shall result in ineligibility for or suspension from participation, or termination of eligibility to participate in, intercollegiate athletics at Western Michigan University. Those student-athletes not providing such signed consent form by the end of their respective teams drug testing orientation meeting, at the beginning of each academic year, will be deemed to have exercised their option to not participate in an intercollegiate athletic program and thereby will become ineligible to participate in intercollegiate athletics and shall forfeit any additional benefits, financial aid, and/or privileges which they may have been afforded due to their status as a student athlete. Walk-on student athletes and mid-year transfer student athletes will not be allowed to participate in intercollegiate athletics without first providing a signed random drug testing consent form. In any event, no student athlete will be allowed to compete without a signed consent form in place.

Each student-athlete annually will be given a copy of the institutional policy and will be required to participate in an informative session describing alcohol, tobacco and other drug education and testing procedures. Additionally, student-athletes will be given an opportunity to ask any questions regarding the information contained in the policy, the testing program, or other related issues prior to signing the consent form.

## **Use of Alcohol**

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Consistent with the University Community, the Athletic Department views the use of alcohol to be incompatible with the goal of athletic excellence. Student-athletes are required to conduct themselves in accordance with University policies, other requirements, and federal, state, and local laws. This also extends to the recruitment of prospective Western Michigan University student-athletes. Prospective student-athletes visiting campus, and their host student athletes, are not permitted to participate in any activities that will permit the use of alcohol. It should be understood that possession or consumption of alcoholic beverages by individuals under the age of 21 is a violation of Michigan liquor laws (Minor in Possession/MIP). Likewise, it is illegal for anyone to supply alcoholic beverages to persons under the age of 21.

A positive test result for alcohol obtained solely pursuant to a requirement for random drug testing pursuant to this policy will result in the sanctions set forth in these procedures for those student athletes under the age of 21.

In addition to subjecting a student-athlete to procedures and sanctions applicable to other requirements, a violation, an act, and/or conviction or plea of guilty or nolo contendere of any of the following may also be deemed by the athletic department to be an automatic offense under this policy:

1. Driving or operating a vehicle under the influence or while impaired and/or other motor vehicle violations involving alcohol or drugs
2. Public intoxication
3. Drunk and disorderly
4. Other violations of local, state, or federal law involving alcohol or drugs, including possession
5. Violations of the Western Michigan University Student Code of Conduct involving alcohol or drugs
6. Minor in Possession
7. Other offense of equivalent magnitude to any of the above

In addition, the Athletic Department may suspend a student-athlete from participating in intercollegiate athletics at Western Michigan University, or effectuate other appropriate penalties, if charged by a University official or law enforcement agency of any of the above, or if the Athletic Department is reasonably convinced that the student-athlete has done or committed any of the above.

## **Use of Tobacco**

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The use of tobacco products is prohibited by all game personnel (e.g. coaches, student-athletes, athletic trainers, managers and game officials) in all sports during practice and competition. A student-athlete who violates this prohibition of tobacco will be sanctioned according to the parameters defined in their specific sport's rules. The Director of Athletics or his/her designee will sanction other game personnel who violate this prohibition of tobacco on a case-by-case basis.

## **Dietary Supplements**

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Western Michigan University Department of Athletics personnel will not distribute or encourage the use of any dietary supplements or ergogenic aids. Many dietary supplements or ergogenic aids contain banned substances. Often the labeling of dietary supplements is not accurate and is misleading. Terms such as "healthy" or "all natural" do not mean dietary supplements do not contain a banned substance or are safe to take. Using dietary supplements may cause positive drug tests. Student-athletes who are currently taking dietary supplements or intend to take any are required to review the

product with the Director of Medical Services. Positive testing of any prohibited/banned substances subject student-athletes to the sanctions set forth in this policy.

## **Prohibited Drugs/Substances**

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The drug screening process may include analysis of, but is not limited to, the NCAA list of banned-drug classes (See Appendix B). This banned drug list is also included in the student-athlete signing packet and the student-athlete handbook. For an ongoing updated listing of the banned-drug list view the NCAA's web site at [www.ncaa.org](http://www.ncaa.org). Prohibited substances that Western Michigan University may screen for include alcohol (in any sport), marijuana, PCP, opiates, MDMA (Ecstasy), amphetamines, cocaine, flunitrazepam (Rohypnol) and anabolic steroids. Western Michigan University requires that all student-athletes keep the athletic training staff and/or team physician aware of any prescribed drugs and dietary supplements that he or she may be taking.

## **Selected Types of Drug Testing**

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### ***RANDOM TESTING***

Student-athletes may be selected for random testing throughout the academic year. Student-athletes on the institutional team squad list will be eligible for testing using a random number system. A student-athlete may be randomly selected for testing as a member of a team (e.g. one of 10 football athletes selected) or as a Western Michigan University student-athlete (e.g. one of 10 student-athletes selected). Student-athletes listed on the squad list that have exhausted their eligibility or who have had a career ending injury will not be selected for random testing under this policy. Short notice or no notice may be given for a random drug test.

### ***TEAM TESTING***

Entire teams may be selected for random testing throughout the academic year. Student-athletes on the institutional team squad list will be eligible for team testing. Teams will be selected for testing using a random number system. A team may be randomly selected for testing if it is classified as a varsity sport at Western Michigan University (e.g. women's golf was randomly selected in September and men's basketball was randomly selected in October). Student-athletes listed on the squad list that have exhausted their eligibility or who have had a career ending injury will not be selected for random testing under this policy. Short notice or no notice may be given for a random drug test.

### ***PRE-SEASON SCREENING***

Student-athletes are subject to pre-season drug testing and may be notified of such by the Director of Athletics or his/her designee at any time prior to their first competition.

### ***POSTSEASON/CHAMPIONSHIP SCREENING***

Any participant or team likely to advance to post-season championship competition may be subject to additional testing. Testing may

be required of all team members or individual student-athletes at any time within thirty (30) days prior to the post-season competition. If a student-athlete tests positive, he or she will not be allowed to compete at the post-season event unless he or she subsequently tests negative prior to departure for the event or provides sufficient documentation under these procedures to demonstrate that the positive tests were in error.

### ***RE-ENTRY TESTING***

A student-athlete who has had his or her eligibility to participate in intercollegiate sports suspended as a result of a drug and alcohol violation, may be required to undergo re-entry drug and/or alcohol testing prior to regaining eligibility. The Director of Athletics or his/her designee shall arrange for re-entry testing after the counselor or specialist involved in the student-athlete's case indicates that re-entry into the intercollegiate sports program is appropriate.

### ***FOLLOW-UP TESTING***

A student-athlete who has returned to participation in intercollegiate sports following a positive drug test under this policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee in consultation with the counselor or specialist involved in the student-athlete's case.

## **Notification and Reporting for Collections**

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The student-athlete will be notified of and scheduled for testing by the institution. The Director of Athletics or his/her designee will notify the student-athlete of the date and time to report to the collection station and will have the student-athlete read and sign the Student-Athlete Notification Form (See Appendix C).

The Director of Athletics or his/her designee will be in the collection station to certify the identity of the student-athletes selected. Student-athletes shall provide picture identification when entering the drug-testing station. The Director of Athletics or his/her designee must remain in the collection station until all student-athletes complete the collection process.

## **Reporting Results**

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Urine samples will be collected and sent to an independent, SAMHSA approved laboratory for analysis. Each sample will be tested to determine if banned drugs or substances are present. A test result confirmed as positive by the laboratory does not automatically identify the student-athlete as having engaged in prohibited drug or alcohol use. Results will be made available to the Assistant Athletic Director for Medical Services, who will serve as the Medical Review Officer (MRO). The MRO will review the results and if there is a positive drug test, he/she will set up a meeting with the student-athlete. The student-athlete may present evidence of any mitigating circumstances that he/she feels may be important to the outcome

of the drug test. The MRO will then make the determination of the outcome of the drug test.

If the laboratory reports a specimen as substituted, manipulated, or adulterated, the student-athlete will be deemed to have refused to submit to testing and treated as if the test were positive for a banned substance.

Results of tests under these procedures will be released only pursuant to legal requirements and to those individuals with a legitimate need to know. Prior to release of any information or results, the Office of the Vice President for Legal Affairs and General Counsel shall be consulted.

## **SANCTIONS**

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Any student-athlete who tests positive for a banned substance or who refuses to submit or fails to take a required drug test as described in this policy shall be subject to the following sanctions:

### ***FIRST OFFENSE***

The Assistant Athletic Director for Medical Services will schedule a confidential meeting with the student-athlete, the Director of Athletics or his or her designee, the head coach, the respective Associate Athletic Director, the team physician and the Student Athlete Assistance Consultant (SAAC) to review the positive drug test results. The Director of Athletics or his/her designee will notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Western Michigan University. The student-athlete will be required to attend a drug counseling assessment session as determined by the SAAC. The counselor will ask the student-athlete to discuss the nature and extent of his/her involvement with prohibited drugs and/or alcohol. The counselor shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case. Failing to comply with the counselor's directions for treatment will be classified as a second offense.

The student-athlete will be suspended from 10% of all regularly scheduled competitions. If this 10% does not finish with the end of the season, the suspension will be carried over to the next sport season. In addition, the student-athlete will not be permitted to return to competition in intercollegiate sports until he/she has had a negative result on a re-entry drug and/or alcohol test. The student-athlete will be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

The sanctions provided for the offense shall also apply to a first refusal or failure to take a required test.

### ***SECOND OFFENSE***

The Assistant Athletic Director for Medical Services will schedule a confidential meeting with the student-athlete, the Director of

Athletics, the head coach, the respective Associate Athletic Director, the team physician and the Student Athlete Assistance Consultant (SAAC) to review the positive drug test results. The Director of Athletics or his/her designee will notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Western Michigan University. The student-athlete will be required to attend or continue attending drug-counseling sessions as determined by the SAAC.

The student-athlete will be suspended from 50% of all regularly scheduled competitions. If this 50% does not finish with the end of the season, the suspension will be carried over to the next sport season. In addition, the student-athlete will not be permitted to return to competition in intercollegiate sports until he/she has complied with the counselor's directions for treatment and has had a negative result on a re-entry drug and/or alcohol test. Failing to comply with the counselor's directions for treatment, having a positive result on a reentry drug and/or alcohol test will be classified as a third offense. The student-athlete may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

The sanctions provided for the second offense shall also apply with respect to a refusal or failure to take a required test occurring after a first offense.

### ***THIRD OFFENSE***

The Assistant Athletic Director for Medical Services will schedule a confidential meeting with the student-athlete, the Director of Athletics, the head coach, the respective Associate Athletic Director, the team physician and the Student Athlete Assistance Consultant (SAAC) to review the positive drug test results. The Director of Athletics or his/her designee will notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing. The student-athlete will be permanently suspended from participating in any sports at WMU. Consistent with all university, MAC and NCAA regulations, the student-athlete will be subject to cancellation of athletic financial aid for the subsequent semester, if any, in the current academic year and non-renewal of the athletic financial aid for the ensuing academic year.

The sanctions provided for the third offense shall also apply with respect to a refusal or failure to take a required test occurring after a second offense.

## **Missing A Counseling Session**

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Student-athletes are required to comply with the appointment policy developed by the University's Division of Intercollegiate Athletics. It is the responsibility of the student-athlete who makes an appointment with a counselor to keep that appointment. If the student-athlete is not able to keep the appointment he or she is expected to cancel the appointment by telephone, preferably 24 hours in

advance but at least by 8:30 a.m. on the day of the appointment. Prior to the appointment the student-athlete will read and sign an informed consent for evaluation and treatment, which includes an agreement to follow the appointment procedures.

Failure to keep or cancel an appointment as stated above may result in suspension from practice and/or competition as determined by the Director of Athletics or his/her designee.

### **Voluntary Disclosure/Safe Harbor**

- (a) A student-athlete who has engaged in prohibited drug or alcohol use is encouraged to seek assistance from the Athletic Department by voluntarily disclosing his or her use to the MRO.
- (b) If the student-athlete seeks assistance prior to being identified as having violated this policy or being notified that he or she must undergo screening, the impermissible use will not be deemed an offense for purposes of determining sanctions under these procedures. A student-athlete will not be permitted to enter the Safe Harbor Program thirty (30) days prior to NCAA or Conference post-season competition.
- (c) The student-athlete will be required to undergo an evaluation by the SAAC. The SAAC shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case. The counselor will provide a summary of his or her findings and recommendations to the Athletic Director.
- (d) A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed thirty (30) days, as determined by the treatment plan. However, the student-athlete may not be permitted to return to participation in intercollegiate athletics if the SAAC determines there is an associated health risk, and will only return when it has determined that reentry into intercollegiate sports is appropriate. If the counselor deems it necessary, the student-athlete will be required to undergo drug and/or alcohol testing as part of the reentry evaluation.
- (e) Failing to complete the treatment recommended by the counselor, having a positive test for any banned substance after entering the Safe Harbor Program, or having a positive result on a reentry drug or alcohol test will be deemed a second offense under this policy.
- (f) If the student-athlete regains his or her eligibility to participate in intercollegiate sports, he or she may be required to undergo unannounced follow-up tests at the discretion of the Athletic Director in consultation with the counselor.
- (g) These voluntary safe harbor program provisions apply only one time per student-athlete, and only to the first-time disclosure of personal use of prohibited drug or alcohol use for the student-athlete him/herself and not to any other activity or conduct, whether or not related to the personal use disclosed.

### **Appeal Process**

Student-athletes who test positive for a banned substance by the laboratory retained by the University may, within 72 hours following receipt of notice of the laboratory finding, contest the finding of the positive results. Upon the student-athlete's request for additional testing of the sample, the Director of Athletics will formally request the laboratory retained by the University to perform testing on specimen B. The student-athlete may choose to be present at the opening of specimen B at the laboratory. If the student-athlete does not wish to be present at the opening of specimen B, but desires to be represented, arrangements will be made for a surrogate to attend the opening of specimen B. The surrogate will not be involved with any other aspect of the analysis of the specimen. The student-athlete or his/her surrogate will attest to the sample number and the integrity of the security seal prior to the laboratory opening of specimen B. Specimen B findings will be final, subject to the results of any appeal. If specimen B results are negative, the drug test will be considered negative.

Student-athletes who test positive, or who dispute that they have refused or failed to take a required test, under the terms of the Western Michigan University Intercollegiate Athletics Alcohol, Tobacco and Other Drug Education and Testing Policy will be entitled to a hearing with the Director of Athletics or his/her designee prior to the imposition of any sanction. Requests for such a hearing must be in writing and received by the Athletics Director within forty-eight (48) hours of notification of a positive test result. If the forty-eight hours would end on a weekend, the request must be made by noon on the next business day.

The student-athlete may have an advocate or other representative present if the student so desires. However, the student-athlete must present his or her own case. The meeting should take place no more than seventy-two (72) hours after the written request is received. Either the student-athlete or the other parties involved may request an extension of time to the Director of Athletics or his/her designee, who will consider whether to grant the extension upon a showing of good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the drug test. The proceedings shall be open to only those persons deemed necessary by the Director of Athletics or his/her designee.

The decision by the Director of Athletics or his/her designee regarding the test results or refusal/failure to take a required test shall be final. Sanctions for a positive result or a refusal/failure to take a required test are described in these procedures and are not subject to further appeal.

NCAA Banned-Drug Classes - 2001-02

**Stimulants/Anabolic Agents/Substances  
Banned for Specific Sports**

**Diuretics/Street Drugs/Peptide Hormones  
and Analogues/Definitions**

Updated August 2001 • Bylaw 31.2.3.1 Banned Drugs

*The following is the list of banned-drug classes*

**(a) Stimulants:**

amiphenazole	dimethylampheta- mine	pemoline
amphetamine	doxapram	pentetrazol
bemigrade	ephedrine	phendimetrazine
benzphetamine	ethamivan	phenmetrazine
bromantan	ethylamphetamine	phentermine
caffeine 1	fencamfamine	picrotoxine
chlorphentermine	meclofenoxate	pipradol
cocaine	methamphetamine	prolintane
cropropamide	methylphenidate	strychnine
crothetamide	nikethamide	and related com- pounds *
diethylpropion		

**(b) Anabolic Agents:**

anabolic steroids	terone (DHT)	norethandrolone
androstenediol	dromostanolone	oxymesterone
androstenedione	fluoxymesterone	oxymetholone
boldenone	mesterolone	stanozolol
clostebol	methandienone	testosterone 2
dehy- drochlormethyl- testosterone	methenolone	and related com- pounds *
dehydroepiandro- sterone (DHEA)	methyltestosterone	
dihydrotestos-	nandrolone	Other anabolic agents
	norandrostenediol	clenbuterol
	norandrostene- dione	

**(c) Substances Banned  
for Specific Sports:**

<b>RIFLE:</b>	metoprolol	propranolol	and related compounds *
alcohol	nadolol	timolol	
atenolol	pindolol		

**(d) Diuretics:**

acetazolamide	ethacrynic acid	polythiazide
bendroflumethi- azide	flumethiazide	quinethazone
benzthiazide	furosemide	spironolactone
bumetanide	hydrochlorothiazide	triamterene
chlorothiazide	hydroflumethiazide	trichlormethiazide
chlorthalidone	methylclothiazide	and related compounds *
	metolazone	

**(e) Street Drugs:**

- heroin
- marijuana 3
- THC (tetrahydrocannabinol) 3

**(f) Peptide Hormones and Analogues**

- chorionic gonadotrophin (HCG - human chorionic gonadotrophin)
- corticotrophin (ACTH)
- growth hormone (HGH, somatotrophin)

All the respective releasing factors of the above-mentioned substances also are banned.

- erythropoietin (EPO)
- sermorelin

**(g) Definitions of positive  
depends on the following:**

1 for caffeine-if the concentration in urine exceeds 15 micro-grams/ml.

2 for testosterone-if the administration of testosterone or the use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.

3 for marijuana and THC-if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.

\* The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

**Additional Substances Western Michigan  
University may test for:**

- alcohol (in any sport)
- hallucinogens
- opiates
- barbiturates
- benzodiazepines
- hencyclidine
- propoxphene
- methadone
- methaqualone
- tranquilizers
- MDMA (Ecstasy)
- flunitrazepam (Rohypnol).

**Manipulation of Urine Samples:**

Western Michigan University bans the use of substances and methods that alter the integrity and/or validity of urine samples provided during drug testing. Examples of banned methods are catheterization, urine substitution, and/or tampering or modification of renal excretion by the use of diuretics, probenecid, bromantan or related compounds, and epitestosterone administration.

Western Michigan University Drug and Alcohol  
Testing Program

**Student-Athlete Notification Form**

Student-Athlete: \_\_\_\_\_

\_\_\_\_\_  
Social Security No. (optional)

Sport: \_\_\_\_\_

\_\_\_\_\_  
Date of notification:

\_\_\_\_\_  
Time of notification: \_\_\_\_\_ a.m./p.m.

I, (NAME) \_\_\_\_\_, the undersigned:

Acknowledge being notified to appear for institutional drug and alcohol testing and have been notified to report to the drug and alcohol testing station at:

\_\_\_\_\_, on \_\_\_\_\_  
(location) (date)

on or before \_\_\_\_\_ a.m./p.m. (time)

I will be prepared to provide an adequate urine specimen and will not over hydrate. I understand that providing numerous diluted specimens may be cause for follow-up drug testing.

I will be prepared to provide an adequate saliva sample and will not eat or drink at least 10 minutes prior to providing a saliva sample.

I understand that I may have a witness accompany me to the drug and alcohol-testing site.

I understand that failure to appear at the site on or before the designated time will constitute a withdrawal of my previous consent to be tested as part of the Institutional Drug and Alcohol Testing Consent and will result in a penalty.

By signing below, I acknowledge being notified of my participation in institutional drug and alcohol testing, and I am aware of what is required of me in preparation for this drug and alcohol-testing event.

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

I can be reached at the following  
telephone number on test day: \_\_\_\_\_

***Institutional Representative retain top portion of completed forms.***

Western Michigan University Drug and Alcohol Testing Program

Student-Athlete: \_\_\_\_\_

\_\_\_\_\_  
Location of test:

\_\_\_\_\_  
Date of test:

\_\_\_\_\_  
Time to report:

***Report to the test site with picture identification.  
DO NOT DRINK TOO MANY FLUIDS.***

Western Michigan University Division of  
Intercollegiate Athletics  
**Alcohol and Drug Testing Program  
Adminstration Student-Athlete Consent Form**

I, \_\_\_\_\_, hereby acknowledge that I have received a copy of, read, and been given the opportunity to ask questions regarding, and understand the Drug Testing and Substance Abuse Program, including the policy and procedures, implemented for the Department of Intercollegiate Athletics at Western Michigan University.

As a condition to my participation in intercollegiate athletics at Western Michigan University during the \_\_\_\_\_ academic year, I freely and voluntarily consent to comply with and participate in the Alcohol, Tobacco and Other Drug Education and Testing Program and all applicable policies and procedures at Western Michigan University. I understand that my participation in this program includes the collection and testing of my urine at various times during the academic year for drugs, alcohol, and/or other prohibited/banned substances in accordance with the procedures.

I further consent to the release of the results of any drug test to the Director of Athletics, the Head Coach, the Head Athletic Trainer, Assistant Athletic Trainers, Team Physician, my parent(s) or guardian(s), and others whom the University deems has a legitimate interest or right in receiving the results. I acknowledge and understand that in the event of a positive drug test result, a copy of this consent form will be sent to my parent(s) or guardian(s) along with a copy of the Alcohol, Tobacco and Other Drug Education and Testing Program Policy and Procedures. To the extent set forth in this document, I waive any privilege or right I may have in connection with such information.

Western Michigan University, its officers, employees, and agents are hereby released from legal responsibility or liability for their actions or omissions in implementing the Policy and procedures, including but not limited to the release of such information and records as authorized by this consent form. I fully and forever release and discharge the aforementioned parties from any claims, demands, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from my participation in or implementation of this program, policy, and/or procedures, the release of information, or the consequences that ensue from test results which violate University policy, procedures, or law.

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Sport

\_\_\_\_\_  
Birthdate:

***I consent and agree to all of the above terms and conditions  
as the parent or guardian of the above named student-athlete:***

\_\_\_\_\_  
Parent/Guardian Signature (if a minor)

\_\_\_\_\_  
Date