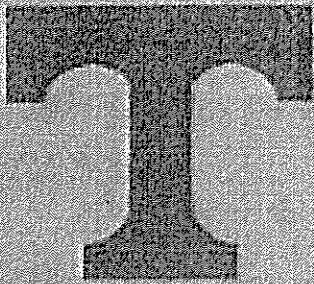


**University of Tennessee
Knoxville
Department of Intercollegiate Athletics**



Substance Abuse Testing Policy and Procedures

Effective 6/2007

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I. Introduction:

The overall goal of the University of Tennessee-Knoxville (UT-K) Substance Abuse Testing Policy and Procedures is to promote a drug free environment within the UT-K athletic program. The specific objectives included in this goal are:

- to protect the health, safety, and welfare of the student-athlete;
- to identify, address, and treat student-athletes with substance abuse problems and concerns;
- to inform and educate student-athletes and others associated with athletic teams about substance abuse;
- to protect the institution's integrity; and
- to promote fair competition in intercollegiate athletics by UT-K athletes.

Therefore, the illegal use, abuse, possession, manufacture or distribution of prescribed or illegal substances while a student-athlete at the University of Tennessee-Knoxville is prohibited. In addition, the use of impermissible substances as identified by the National Collegiate Athletic Association (NCAA) or the University of Tennessee-Knoxville is prohibited. A non-exhaustive list of such substances is provided in Appendix A.

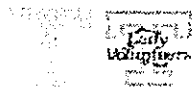
Education and counseling are the foundations of this Substance Abuse Policy with the aim of alerting both student-athletes and coaches to the potential harm of substance abuse. A drug testing component will be used to help identify those student-athletes at risk for the dangers of substance abuse as well as supplement education and counseling as a deterrent to its use.

The UT-K protocol for drug testing is designed to be fair, reliable, and to protect the privacy rights of the student-athlete. Test results are confidential. The test results will not be released to anyone except in accordance with the UT-K Substance Abuse Policy and Procedures or as otherwise required by law.

This Policy and Procedures resides under the guidance of the Substance Abuse Education and Screening Committee. The Committee is comprised of:

1. Athletic Directors
2. Head Team Physicians
3. Head Athletic Trainers
4. Executive Associate Athletic Director
5. Athletic Directors for Compliance
6. Faculty Athletic Representative
7. Senior Associate Vice Chancellor
8. Vice Chancellor for Student Affairs

In addition, a separate Men's and Women's Subcommittee will be charged with implementing the Policy and Procedures.



The Subcommittees will be comprised of:

1. Head Team Physician
2. Head Athletic Trainer
3. Executive Associate Athletic Director
4. Athletic Director for Compliance and/or
5. Senior Associate Athletic Director for Women's Athletics (Women's Subcommittee)
6. Team Enhance Coordinator (Women's Subcommittee)

The Policy and Procedures are subject to modification by the Athletic Director and the Committee as deemed appropriate. Such modifications will be effective upon notice to the student-athletes and shall not be applied retroactively.

This Policy and its sanctions are independent of the NCAA Drug Testing Program.

II. Scope:

This Policy and Procedures applies to all student-athletes at the University of Tennessee-Knoxville. All student-athletes will be required to sign a UT-K drug testing consent form on an annual basis (see Appendix B). Student-athletes who do not wish to comply with this policy forfeit their participation in intercollegiate athletics for the University of Tennessee-Knoxville.

III. Definitions:

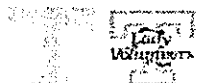
•**Illegal Drug**—includes narcotics, hallucinogens, depressants, stimulants, or other substances which can affect or hamper the senses, emotions, reflexes, judgement, or other physical or mental activities. Includes prescription medications or substances for a specific medical condition not prescribed by a licensed practitioner (see Appendix A).

•**Legally Prescribed Medication**—includes medication prescribed by a licensed practitioner for a particular medical condition. The medication must be used in the appropriate amount solely by the individual for whom the medication was prescribed. Documentation of all prescribed medication must be included in the Student-athlete's medical chart.

•**Positive Drug Test**—student-athlete's urine or serum specimen or other analytical procedure showing the presence of an illegal drug. The testing must be performed by an approved professional laboratory. In addition, the following circumstances will also be considered a positive drug test:

- student-athlete does not provide a specimen at the designated time for testing
- student-athlete is found guilty of altering the integrity or validity of the specimen or the drug testing protocol
- student-athlete is found guilty or admits guilt to a legal offense regarding illegal drug(s)

A positive test for marijuana (> or =15 ng/ml) within 30 days of a previously confirmed positive test for the same will be used for counseling/treatment purposes only and will not count as an



additional positive test unless the repeat test shows an elevated level of marijuana from the prior positive test. Appropriate drug/substance metabolism and half-life will be considered along with the specific gravity of the urine specimen in determining subsequent positive drug tests.

IV. Education Policy:

A presentation explaining the University of Tennessee-Knoxville Substance Abuse Policy and Procedures will be provided to all student-athletes prior to the start of their fall semester or first semester of enrollment on an annual basis. The goal of this presentation will be to discuss the purpose, implementation and sanctions involved. In addition, each student-athlete will be provided a written copy of the Policy and Procedures. The student-athlete will be asked to sign a form acknowledging receipt and understanding of the Policy and Procedures as well as providing voluntary consent to participate in this program. In the event that a student-athlete is under the age of eighteen (18) years, his or her parent(s) or guardian will be asked to sign a consent for the student-athlete (see Appendix B).

Student-athletes may refuse to sign the consent for participation in this program. However, such student-athletes will forfeit their participation in intercollegiate athletics for the University of Tennessee-Knoxville.

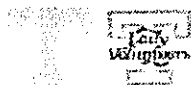
In addition, an educational program(s) shall be designed to inform and teach those involved in intercollegiate athletics about the warning signs and side effects of specific drugs, the associated problems of substance abuse, and its affect on the student-athlete and his/her team. Appropriate rehabilitation, treatment programs, and referral centers shall also be included. Each team and coaching staff, with the assistance of athletic trainers and team physician, shall meet annually to discuss these topics.

V. Counseling Policy:

Counseling and rehabilitation services will be utilized to provide assistance, direction and resources for student-athletes who need additional support as a result of positive tests, physician referral, or self-addressed needs. Counseling and rehabilitation services will be provided by trained professionals knowledgeable about substance abuse. These professionals will be identified by the Head Athletic Trainer and Head Team Physician. Referrals will originate from the Head Team Physician after meeting with the student-athlete. All counseling and rehabilitation services will be confidential with reports on student-athlete's progress provided to the appropriate Subcommittee.

VI. Confidentiality Policy:

The University will take every effort to maintain the confidentiality of all information and records associated with this policy, including drug-test results, impending sanctions, remedial measures taken by the University, and/or any counseling and rehabilitation services which a student-athlete may receive. Unless otherwise required by law, drug test results and related records may be disclosed only to (1) members of the Men's or Women's Subcommittees, (2) the head coach, (3) sports administrator, (4) the team physician, and/or (5) the team's designated



drug and alcohol counselor. These individuals are to maintain the confidentiality of all drug test results and related information to the extent possible in the implementation of this policy and the performance of their duties. Additionally, positive drug-test results and any information relating to the treatment of a student-athlete under this policy will be provided to the student-athlete's parent(s).

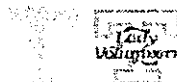
All members of the UT Department of Athletics, including the individuals listed above, are expected to adhere to this Confidentiality Policy at all times. Violation of the policy may incur disciplinary action at the discretion of the Director of Athletics.

VII. Drug Testing Policy:

All University of Tennessee-Knoxville intercollegiate student-athletes (including athletes who have sustained career-ending injuries) will be tested for illegal drugs. Testing will be accomplished by the analysis of urine specimens, or other recognized analytical procedures, obtained from the student at the direction of the Head Team Physician or Head Athletic Trainer. The testing procedure will ensure that the specimen being analyzed is identified with the appropriate student-athlete and that the purity of the sample is maintained. All specimens will be coded to ensure confidentiality. All specimens will be collected in a manner so as to minimize the possibility of contamination or misidentification. This collection will be conducted by an agent appointed by the professional laboratory selected by the Head Team Physician, Head Athletic Trainer, and the University Department of Purchasing/Business Services.

A. Frequency of Testing:

1. All **incoming** student-athletes will be tested at or around the time of their **Pre-Participation Physical Exam** and all **returning** student-athletes will be tested at the **beginning of the fall semester**.
2. All student-athletes will be subject to **RANDOM** drug testing throughout the year
 - a. The appropriate Men's or Women's Subcommittee will supply a list of randomly selected names of student-athletes generated by a computer program. The number or percentage of student-athletes subject to testing will be determined by the Subcommittee. However, selection of subjects will occur such that all student-athletes will be tested at some point during the academic year.
 - b. The list of student-athletes will be delivered to the Head Athletic Trainer and sports medicine staff.
 - c. Notification to the selected student-athletes will not exceed twenty-four hours. The information will include the location, date and time of the test.
3. A student-athlete and/or entire team may be subject to drug testing based on **REASONABLE SUSPICION**.
 - a. Reasonable suspicion is defined as one founded on specific, objective facts, which if taken with rational inferences drawn from those facts, and taken as a whole strongly suggest that drug testing may produce



evidence of improper use. Reasonable suspicion testing may also be performed for medically warranted reasons as determined by the Head Team Physician.

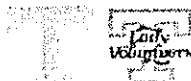
- b. Results of a reasonable suspicion drug test will be handled in the same manner as are results of all other drug tests.
4. All student-athletes with **previous positives or a history of providing unsatisfactory specimens** for analysis (i.e. dilute specimens) will be subject to more frequent drug testing throughout the year as deemed appropriate by the Men's or Women's Subcommittee.

EXCEPTION: Student-athletes who are enrolled in an intensive outpatient or inpatient counseling and rehabilitation program (see section XI. Consequences for Positive Drug Tests) will not be subject to more frequent drug testing at UT-K while successfully participating in counseling. However, once the program is complete, he/she will be subject to more frequent testing at UT-K. The duration of the program will be determined by the substance abuse counselor but exclusion from testing shall not exceed sixty (60) days.

5. All student-athletes participating in **Post-Season Bowl Games or NCAA Championships** will be tested prior to their competition in their respective post-season event.

B. Specimen Collection Procedures:

1. The student-athlete will be notified by his/her athletic trainer or designee as to the location, date and time of the drug test.
2. The student-athlete shall promptly present for the drug test at the proper location and provide a photo identification to the designated test administrator.
3. Once the student-athlete reports to the drug testing site, he/she may not leave until a specimen is produced.
4. Water bottles, open containers, bags, etc. must be checked at the door.
5. In the event that a student-athlete requests additional oral fluids in order to provide a specimen, only closed or sealed container beverages or water from a drinking fountain will be provided and/or made available.
6. A collection agent appointed by an approved professional laboratory will collect all specimens in a manner so as to minimize the possibility of contamination or misidentification.
7. All student-athletes will be directly observed providing a specimen by either the collection agent or an approved sports medicine staff member.
8. All NCAA rules against urine manipulation are applicable.
9. Two specimen containers will be handled by the approved laboratory representative and observed by the student-athlete. The student-athlete will select the containers, provide his/her sample, observe the laboratory representative divide the sample among the two containers, seal the containers, mark the seals, attach the student-athlete's ID number to the containers and place the containers in the device used to transport the specimens to the lab. The student-athlete will then initial the seal on the container. This process is to be performed by the approved professional laboratory personnel under the direct observation of the student-athlete to ensure proper chain of custody.



10. One container will be used for testing purposes and the other container will be frozen and stored by the testing laboratory in case there is an appeal to the test results.
11. The approved professional laboratory courier will transport the specimens to the laboratory where they will be received by a laboratory agent who will sign for them. All signatures will attest that the official seal on the specimen bottle remains intact, and that proper chain of custody was maintained.

C. Disposition of Positive Test (see Appendix C):

1. All test results are returned by the testing lab directly to the Head Team Physician.
2. Head Team Physician will share positive test results with the Men's or Women's Subcommittee.
3. All positive test results will be communicated orally and/or in writing to the Student-athlete's parent(s) or legal guardian.

VIII. Pre-Participation Drug Test:

Freshmen and transfer student-athletes will undergo a drug test at or around the time of their pre-participation physical examination. As these student-athletes may not be aware of the Substance Abuse Policy and Procedures for the University of Tennessee-Knoxville, positive test results for marijuana will not be considered a "first positive" result. However, the student-athlete will be required to meet regularly with a designated substance abuse counselor and will be subject to more frequent drug testing as outlined in this program. Student-athletes who test positive for a illegal drug other than marijuana will be subject to penalties and/or sanctions as outlined in the section **XI. Consequences for Positive Drug Tests.**

IX. Safe Harbor Program:

Student-athletes will have the opportunity one time during their intercollegiate athletic career to voluntarily identify themselves as having used an illegal drug prior to obtaining a positive test. The Safe Harbor Program can only be used prior to a "first positive" test result and must be invoked within twenty-four (24) hours from time of drug testing and cannot be used after a positive test is received. The Head Team Physician and/or Head Athletic Trainer must be informed by the student-athlete that he/she would like to invoke the Safe Harbor Program. Once invoked, drug testing will proceed. However, a positive result will not count as the student-athlete's "first positive" test. The Subcommittee and Head Coach will be informed of the student-athlete's use of the Safe Harbor Program but notification to the student-athlete's parents will be voluntary. Any student-athlete who uses the Safe Harbor Program will be required to meet with the designated substance abuse counselor and complete appropriate counseling and rehabilitation as outlined in this program. In addition, more frequent drug testing may be instituted. Failure to comply with this program will result in it being revoked and the positive drug test being reinstated.



X. "Drug-Free" Period:

Student-athletes will have an opportunity to remove a "first positive" drug test result for marijuana only from their record if they are able to maintain a consecutive twelve (12) month time period of having no further positive drug tests. They will be subject to more frequent drug testing throughout this time period as deemed appropriate by the Men's or Women's Subcommittee. In addition, they must adequately participate in and complete substance abuse counseling and rehabilitation as outlined in section XI. **Consequences for Positive Drug Tests.**

XI. Consequences for Positive Drug Tests:

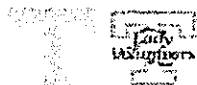
The Head Coach may have team rules regarding substance abuse that affect a student-athlete's eligibility for practice and competition. Such team policies may be more stringent but cannot be more lenient than outlined in this Policy and Procedures.

Consequence	Test Result
Level I	First Positive Test for Marijuana (> or = 15ng/mL)
Level II	Second Positive Test for Marijuana or First Positive Test for other Illegal Drug(s) i.e. Cocaine, Heroin, Anabolic Steroids (see Appendix A)
Level III	Third Positive Test for Marijuana or Second Positive Test for other Illegal Drug(s) i.e. Cocaine, Heroin, Anabolic Steroids (see Appendix A)
Level IV	Fourth Positive Test for Marijuana or Third Positive Test for other Illegal Drug(s) i.e. Cocaine, Heroin, Anabolic Steroids (see Appendix A)

Student-athletes with drug tests positive for marijuana with a level < 15 ng/mL will not be considered to have a positive test result but must meet with the Head Team Physician and may be required to undergo substance abuse counseling if deemed appropriate.

A. Level I (First positive test for Marijuana):

The student-athlete will be required to meet with the Athletic Director and/or Sports Administrator and be screened by the Head Team Physician and approved Substance Abuse Counselor to determine if use is sporadic or if there is evidence for physical or psychological dependence. If no evidence of dependence is found, the student-athlete will be enrolled in an **outpatient substance abuse counseling program** approved by the Men's or Women's Subcommittee. The counseling program may be conducted at the University of Tennessee-Knoxville campus and may include individual and/or group sessions as deemed appropriate by the substance abuse counselor. The student-athlete is required to attend all counseling sessions and successfully complete the program unless an absence is approved by the Subcommittee. If a student-athlete is felt to have a physical or psychological dependence, he or she will be enrolled in an **intensive outpatient substance abuse counseling program**. This program will be conducted at a counseling and rehabilitation center in the Knoxville area approved by the Men's or Women's Subcommittee. The program will be under the direction of a qualified substance



abuse counselor. Failure to complete this program will result in the student-athlete's consequence being elevated to a Level II status.

In addition, the student-athlete may be suspended from intercollegiate athletic competition or team practice/activities as deemed appropriate by the Athletic Director upon consultation with the Men's or Women's Subcommittee.

B. Level II (Second positive test for Marijuana or First positive for other illegal drug i.e. Cocaine, Heroin, Anabolic Steroids):

The student-athlete will be enrolled in an intensive outpatient substance abuse counseling program at a designated counseling and rehabilitation center approved by the Men's or Women's Subcommittee. The student-athlete is required to attend all sessions and successfully complete the program unless an absence is approved by the Subcommittee. Failure to complete this program will result in the student-athlete's consequence being elevated to a Level III status.

In addition, the student-athlete will be suspended from intercollegiate athletic competition and/or team practice/activities for a period of time as deemed appropriate by the Athletic Director upon consultation with the Men's or Women's Subcommittee. Possible revocation of athletic scholarship per NCAA procedure may also be exercised.

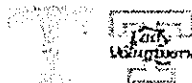
C. Level III (Third positive test for Marijuana or Second positive for other illegal drug i.e. Cocaine, Heroin, Anabolic Steroids)

The student-athlete will be re-enrolled in an intensive outpatient substance abuse counseling and rehabilitation center approved by the Men's or Women's Subcommittee. Counseling and rehabilitation services will take place at a recognized center in the Knoxville area and will involve a more intensive program under the direction of a substance abuse counselor. The student-athlete is required to attend all sessions and successfully complete the program unless an absence is approved by the Subcommittee. Failure to complete this program will result in the student-athlete's consequence being elevated to a Level IV status.

In addition, the student-athlete will be indefinitely suspended from intercollegiate athletic competition and/or team practice/activities. He/She must successfully complete required substance abuse counseling before being eligible to return and must then be granted approval by the Athletic Director for reinstatement to the team. Possible revocation of athletic scholarship per NCAA procedure may also be exercised.

D. Level IV (Fourth positive test for Marijuana or Third positive for other illegal drug)

The student-athlete will be permanently suspended from intercollegiate athletic competition at the University of Tennessee-Knoxville. In addition, the student-athlete's athletic scholarship will be revoked in accordance with NCAA procedure.



XII. Appeals

If a student-athlete believes that penalties or sanctions placed upon him/her are made in error, inappropriate, or other extenuating circumstances, then he/she may file a written appeal of these penalties or sanctions. The written appeal must be submitted to the Athletic Director and the Men's or Women's Subcommittee within two (2) weeks of notification of such penalties or sanctions. The appeal must contain an explanation of why the penalties or sanctions should not be enacted with supporting evidence or documentation. The appeal will be considered by a majority of members of both the Men's and Women's Subcommittees and a Faculty Representative and/or a Representative of the Dean of Students with a recommendation made to the Athletic Director at the next scheduled Subcommittee meeting. The final decision regarding any appeal will be made by the Athletic Director.

If an intercollegiate athletic competition is scheduled prior to the Subcommittee's ability to consider the appeal, the student-athlete may be suspended from that competition in accordance with the designated Consequence Level outlined in this Policy and Procedure. The student-athlete may request an expedited meeting of the Subcommittee to consider the appeal and every effort will be made to meet this request. However, the Subcommittee and/or the Athletic Director is not obligated to render a decision prior to its next scheduled meeting.

XIII. Alcohol Policy:

A. Statement:

Alcohol is involved in over 90% of the undesirable behaviors observed among students on college campuses. This Policy and Procedures should be viewed in the context that lawful responsible consumption or abstinence is expected from the student-athlete and that consumption and/or possession of alcohol by minors in the State of Tennessee is illegal. The goals of the alcohol policy will be to assist student-athletes with alcohol-related problems and to specify treatment for student-athletes experiencing alcohol-related problems.

B. Alcohol Abuse Policy:

The Head Coach may have team rules regarding the consumption and possession of alcohol that may affect the student-athlete's eligibility for practice and competition. Such policies and sanctions may be more stringent than those outlined in this Policy and Procedures.

Alcohol-induced incidents involving student-athletes that causes undesirable behavior with or without legal consequences (i.e. DUI, public intoxication, etc.) will be referred to the Men's or Women's Subcommittee. The alcohol policies as well as resultant sanctions and/or penalties will be developed and maintained by the individual Subcommittees. Repeat alcohol offenses may have the same sanctions and/or penalties as outlined in section XI-**Consequences for Positive Drug Tests.**



XIV. NCAA Drug Testing Program Protocol

Drug screening will be administered pursuant to the guidelines set forth in the NCAA Drug Testing Program. Drug testing legislation can be found in the Division I manual and on the NCAA Web Page at www.ncaa.org/health-safety.

Prior to participation, each student-athlete will be required to sign a NCAA Drug Testing Consent Form (see Appendix D) which will be administered by the sports medicine staff.

Per NCAA rules, any positive:

1. if tested before competition, will result in the student-athlete being disqualified from competition and the loss of one (1) year of eligibility.
2. if tested during or after competition, will result in a team penalty (which may include disqualification from and/or forfeiture of competition), and the loss of one (1) year of eligibility for the student-athlete.
3. will be subject to the terms/conditions of the University of Tennessee-Knoxville Substance Abuse Policy and Procedures.

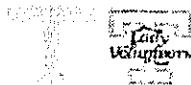
XV. IOC/USOC and USADA Drug Testing Guidelines

Please be advised that all student-athletes involved in competition sanctioned by some other National Governing Body (NGB) must acknowledge that:

1. medication prescribed by your physician, and approved for use by the NCAA, may contain substances prohibited by your sanctioned NGB.
2. Over-the-counter medications may contain substances prohibited by your sanctioned NGB.
3. Vitamin, herbal, and nutritional supplements purchased over-the-counter or via the internet may contain substances prohibited by your sanctioned NGB.

Always check with the Head Team Physician prior to using any supplement or medication. Student-athletes should not take any medications or supplements unless it is approved by the Head Team Physician. However, there is no guarantee that a supplement approved by the Head Team Physician does NOT contain a contaminant or unlisted prohibited substance that could create a positive drug test.

NCAA POLICY STATES THAT ANY PROHIBITED SUBSTANCE DISCOVERED ON A DRUG TEST IS THE RESPONSIBILITY OF THE STUDENT-ATHLETE. If the substance is determined to have come from a contaminated supplement, penalties will still apply to that student-athlete. Therefore, all student-athletes are cautioned against ingesting any supplements other than those approved by the athletics department.



APPENDIX A: BANNED SUBSTANCES

Updated 6/2007

The following is a list of banned substances. Please be aware that this is a **NON-EXHAUSTIVE** list. Please refer to the NCAA website at www.ncaa.org/health-safety for the most up-to-date list of banned substances.

Stimulants:

Amiphenazole	Crothetamide	Methamphetamine	Picrotoxine
Amphetamine (i.e. Adderall, Ritalin, Concerta)	Diethylpropion	Methylenedioxy- methamphetamine (MDMA, ecstasy)	Pipradol
Bemigrade	Dimethylamphetamine	Methylphenidate	Prolintane
Benzphetamine	Doxapram	Nikethamide	Strychnine
Bromantan	Ephedrine (ephedra, ma huang)	Pemoline	Synephrine (citrus aurantium)
Caffeine (guarana)	Ethamivan	Pentetrazol	
Chlorphentermine	Ethylamphetamine	Phendimetrazine	
Cocaine	Fencamfamine	Phentermine	
Cropropamide	Meclofenoxate	Phenylpropanolamine	

And related compounds. Phenylephrine and pseudoephedrine are not banned.

Anabolic Agents:

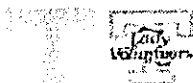
Androstenediol	Fluoxymesterone	Oxymesterone
Androstenedione	Gestrinone	Oxymetholone
Boldenone	Mesterolone	Stanozolol
Clostebol	Methyltestosterone	Testosterone
Dehydrochlormethyltestosterone	Nandrolone	Tetrahydrogestrinone (THG)
Dehydroepiandrosterone (DHEA)	Norandrostenediol	Trenbolone
Dihydrotestosterone (DHT)	Norandrostenedione	Methandienone
Dromostanolone	Norethandrolone	Methenolone
Epitrenbolone	Oxandrolone	Clenbuterol

And related compounds.

Diuretics:

Acetazolamide	Flumethiazide	Polythiazide
Bendroflumethiazide	Furosemide	Quinethazone
Benzthiazide	Hydrochlorothiazide	Spirolactone
Bumetanide	Hydroflumethiazide	Triamterene
Chlorothiazide	Methyclothiazide	Trichlormethiazide
Ethacrynic acid	Metolazone	

And related compounds



Banned Substances (continued)**Street Drugs, Illicit Drugs, and Narcotics (without prescription):**

Cocaine	Tetrahydrocannabinol	Hydrocodone
MDMA (ecstasy)	Barbiturates	Ketamine
Heroin	Benzodiazepines	Meperidine
Hallucinogens	Methadone	Meprobamate/carisoprodol
Flunitrazepam	Propoxyphene	Oxycodone
Marijuana	Codeine	Tramadol
Opiates	Fentanyl	
Phencyclidine (PCP)		

*And related compounds***Peptide Hormones and Analogues:**

Corticotrophin (ACTH)
Human chorionic gonadotrophin (hCG)
Luteinizing hormone (LH)
Growth hormone (HGH, somatotrophin)
Insulin like growth hormone (IGF-1)
Erythropoietin (EPO)
Darbepoetin
Sermorelin

All the respective releasing factors of the above-mentioned substances also are banned.

APPENDIX B: UNIVERSITY OF TENNESSEE-KNOXVILLE CONSENT FORM

**University of Tennessee-Knoxville Athletic Department
P.O. Box 15162
Knoxville, TN 37901-5162**

**Consent to Drug Testing and Authorization for
Release of Information**

I hereby acknowledge that I have received a copy of the University of Tennessee-Knoxville Substance Abuse Testing Policy and Procedures for Intercollegiate Student-Athletes. I hereby consent to have a sample(s) of my urine or other approved specimen collected and tested for the presence of certain drugs and substances in accordance with the provisions of the University of Tennessee-Knoxville Substance Abuse Testing Policy and Procedures, and at such other items as urinalysis testing is required under the program during the academic year 2006-2007.

I further authorize you to make a confidential release to the appropriate athletic trainer at the University of Tennessee-Knoxville, my parent(s) or legal guardian(s), the head coach or the position coach of any intercollegiate sport in which I am a team member, the appropriate athletic director of the University of Tennessee-Knoxville, and the approved drug counseling and rehabilitation center, all information and records, including test results, you have related to the screening or testing of any urine or serum sample(s) in accordance with the provisions of the University of Tennessee-Knoxville Substance Abuse Policy and Procedures. To the extent set forth in this document, I waive any privilege I may have in connection with such information.

I understand that my urine or serum sample(s) will be sent to a professional laboratory for actual testing. I also understand that the results of all drug tests (including NCAA drug testing) are provided to the Athletic Director, Head Coach, Head Team Physician, Head Athletic Trainer, and parent(s) or legal guardian(s).

The University of Tennessee-Knoxville, its Board of Trustees, its officers, employees, and agents are hereby released from legal responsibility or liability for the release of such information and records as authorized by the form.

I have read, understand, and am willing to comply with the University of Tennessee-Knoxville Substance Abuse Policy and Procedures. I have also been given the opportunity to ask questions and have had my questions answered satisfactorily. I understand that signing this form is a contingency for my participation in intercollegiate athletics at the University of Tennessee-Knoxville.

STUDENT-ATHLETE'S PRINTED NAME: _____

STUDENT-ATHLETE'S SIGNATURE: _____

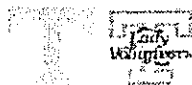
STUDENT-ATHLETE'S SSN: _____

SPORT OF PARTICIPATION: _____

DATE: _____

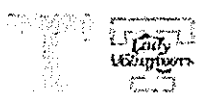
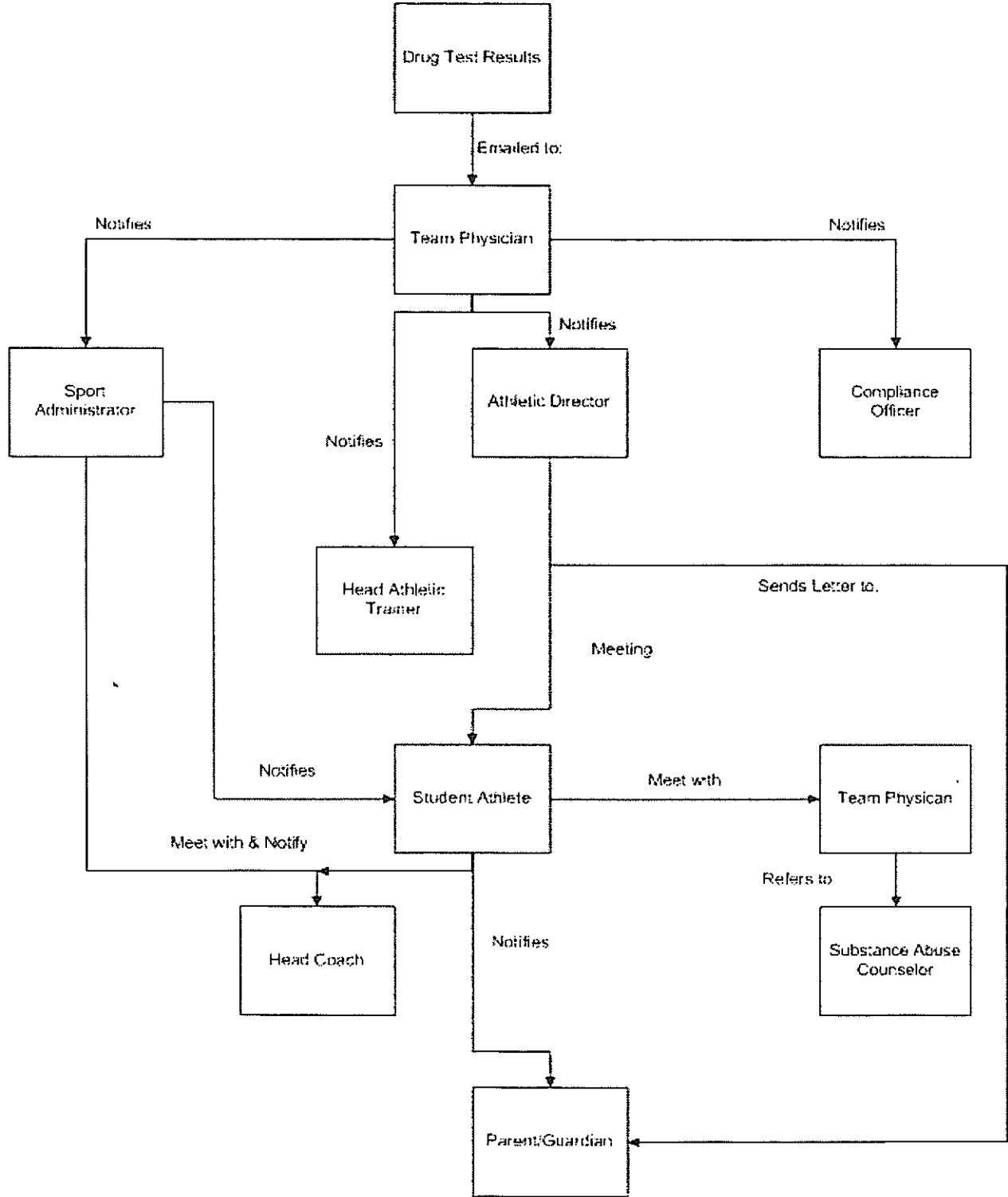
WITNESS OR PARENT/GUARDIAN SIG: _____

(Parent/Guardian signature required if student-athlete is under age of 18)

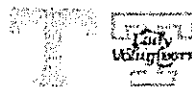
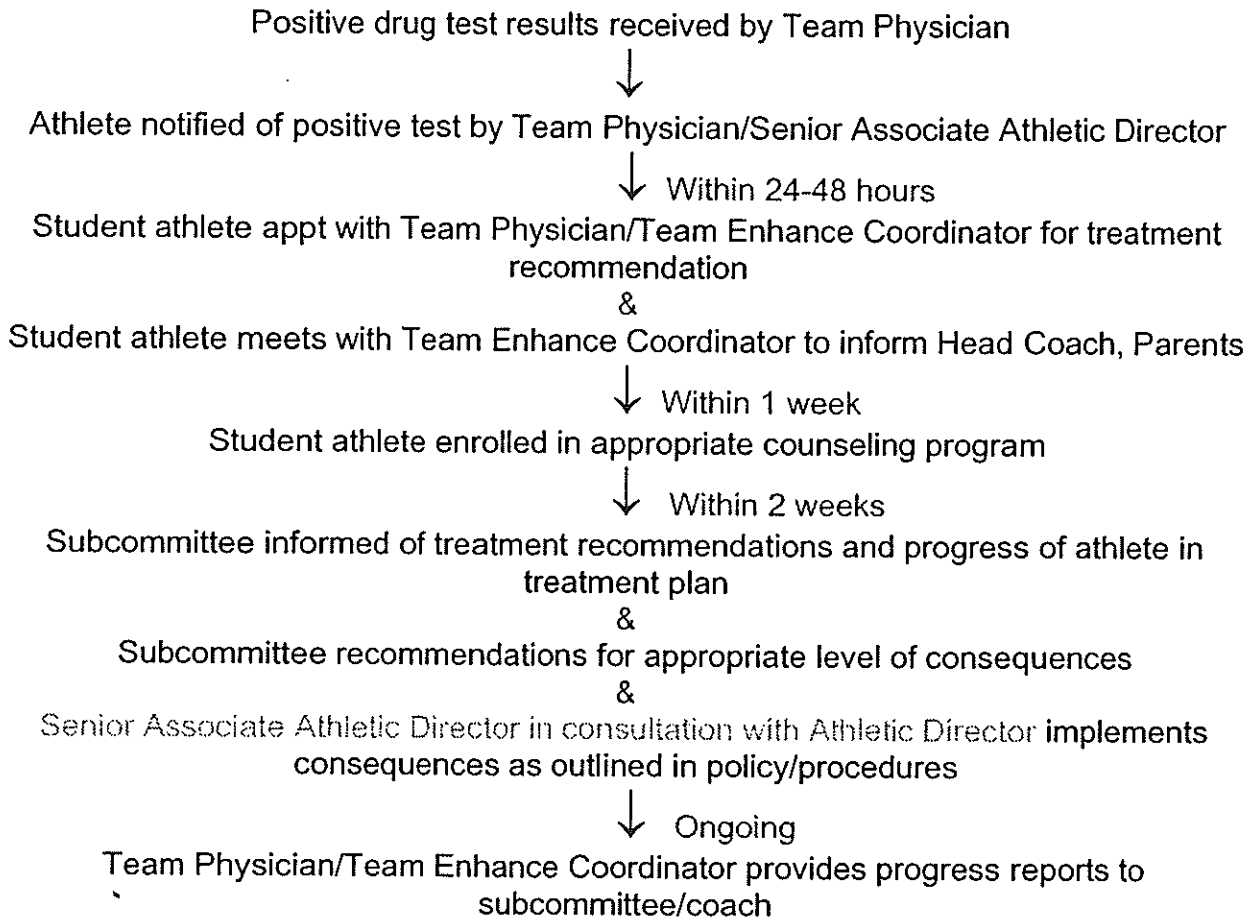


APPENDIX C: SUBSTANCE ABUSE TESTING FLOWSHEET:

University of Tennessee Men's Athletics: Drug Testing Information Flow Sheet



University of Tennessee Women's Athletics: Drug Testing Information Flow Sheet



APPENDIX D: SAMPLE NCAA DRUG TESTING CONSENT FORMS

Form 06-3d

Drug-Testing Consent – Division I

For: Student-athletes.
Action: Sign and return to your director of athletics.
Due date: At the time your intercollegiate squad first reports for practice or the Monday of the institution's fourth week of classes, whichever date occurs first.
Required by: NCAA Constitution 3.2.4.6 and NCAA Bylaws 14.1.4 and 30.5.
Purpose: To assist in certifying eligibility.

TO: STUDENT-ATHLETE

Name of your institution: _____

You must sign this form to participate (i.e., practice or compete) in intercollegiate athletics. Per NCAA Bylaw 30.5-(b), the director of athletics or the director of athletics' designee shall disseminate a copy of the list of banned drug classes (Attachment) to all student-athletes and educate them about products that might contain banned drugs. Please note that the list may change during the academic year, that updates may be found on the NCAA Web site (www.ncaa.org), and you will be informed of the procedures your athletics department will use to disseminate updates to the list.

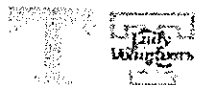
NCAA Constitution 3.2.4.6 and Bylaws 14.1.4 and 30.5 require that you sign this form. If you have any questions, you should discuss them with your director of athletics.

Drug-Testing Consent

By signing this form, you affirm that you are aware of the NCAA drug-testing program, which provides:

A student-athlete who is found to have used a substance on the list of banned drugs, as set forth in Bylaw 31.2.3.1, shall be declared **ineligible** for further participation in regular season and postseason competition in all sports in accordance with the provisions in Bylaw 18.4.1.5.1. The certifying institution may appeal to the NCAA Student-Athlete Reinstatement Committee for restoration of the student-athlete's eligibility if the institution concludes that circumstances warrant restoration. (Bylaw 18.4.1.5)

A student-athlete who tests positive (in accordance with the testing methods authorized by the NCAA Executive Committee) shall be **ineligible** to participate in regular-season and postseason



competition for one calendar year (i.e., 365 days) after the positive drug test and shall be charged with the loss of a minimum of one season of competition in all sports. The student-athlete shall remain **ineligible** for all regular-season and postseason competition for one calendar year after the student-athlete's positive drug test, and until the student-athlete retests negative (in accordance with the testing methods authorized by the Executive Committee) and the student-athlete's eligibility is restored by the Student-Athlete Reinstatement Committee. If a student-athlete transfers to another NCAA institution while ineligible due to a positive NCAA drug test, the institution from which the student-athlete transfers must notify the transfer institution regarding the positive drug test result.

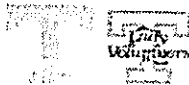
If the student-athlete tests positive a second time for the use of any drug, other than a "street drug" as defined in Bylaw 31.2.3.1, he or she shall lose all remaining regular-season and postseason eligibility in all sports. A combination of two positive tests involving street drugs (e.g., marijuana, heroin) in whatever order, will result in the loss of an additional year of eligibility (Bylaw 18.4.1.5.1). In addition, the penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug other than a street drug.

If the student-athlete tests positive for the use of a "street drug" after being restored to eligibility, he or she shall be charged with the loss of a minimum of one additional season of competition in all sports and also shall remain **ineligible** for regular-season and postseason competition at least through the next calendar year. If the student-athlete transfers to another NCAA institution while ineligible, the institution from which the student-athlete transferred must notify the institution that the student-athlete is ineligible due to a positive drug test result. If the student-athlete immediately transfers to a non-NCAA institution while ineligible and competes in collegiate competition within the 365-day period at a non-NCAA institution, the student-athlete will be ineligible for all NCAA regular-season and postseason competition until the student-athlete does not compete in collegiate competition for a 365-day period. Additionally, the student-athlete must retest negative (in accordance with the testing methods authorized by the Executive Committee) and request that eligibility be restored by the NCAA Division I Academic/Eligibility/Compliance Cabinet. (Bylaw 18.4.1.5.1)

The Executive Committee shall adopt a list of banned drug classes and shall authorize methods for drug testing of student-athletes on a year-round basis. This list of banned drug classes and the procedure for informing member institutions about authorized methods for drug testing are set forth in Bylaws 31.2.3.1 and 31.2.3.3 respectively. The list is subject to change and the institution and student-athlete shall be held accountable for all banned drug classes on the current list (Attachment). The list is located on the NCAA Web site (www.ncaa.org) or may be obtained from the NCAA health and safety staff in Education Outreach. (Bylaw 18.4.1.5.2)

You agree to allow the NCAA to test you in relation to any participation by you in any NCAA championship or in any postseason football game certified by the NCAA for the banned drugs listed in Bylaw 31.2.3.1. Additionally, if you participate in a Division I NCAA sport, you also agree to be tested on a year-round basis for anabolic agents, diuretics, ephedrine and urine manipulators and peptide hormones.

You agree to allow your drug-test sample to be used by the NCAA drug-testing laboratories for



research purposes to improve drug-testing detection. Individual samples will not be personally identified.

You were provided an opportunity to review the procedures for NCAA drug testing that are described in the NCAA Drug-Testing Program brochure.

You understand that this consent and the results of your drug tests, if any, only will be disclosed in accordance with the provisions of the Buckley Amendment consent.

You agree to disclose your drug-testing results only for purposes related to your eligibility for participation in regular-season and postseason competition.

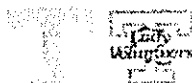
You affirm that you understand that if you sign this statement falsely or erroneously, you violate NCAA legislation on ethical conduct, and you will further jeopardize your eligibility.

_____	_____		
Date	Signature of student-athlete		
_____	_____		
Date	Signature of parent (if student-athlete is a minor)		
_____	_____	_____	_____
Name (please print)	Date of birth	Age	

Home address			

Sport(s)			

What to do with this form: Sign and return it to your director of athletics at the time your intercollegiate squad first reports for practice or the Monday of the institution's fourth week of classes (whichever date occurs first). This form is to be kept in the director of athletics office for **six years**.



NCAA Banned-Drug Classes 2006-2007

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.**

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their institution's team physician or athletic trainer for further information.

Bylaw 31.2.3. Banned Drugs

The following is a list of banned-drug classes, with examples of substances under each class:

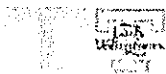
(a) Stimulants:

amiphenazole	methylenedioxyamphetamine
amphetamine	(MDMA, ecstasy)
bemigrade	methylphenidate
benzphetamine	nikethamide
bromantan	pemoline
caffeine ¹ (guarana)	pentetrazol
chlorphentermine	phendimetrazine
cocaine	phenmetrazine
cropropamide	phentermine
crothetamide	phenylephrine
diethylpropion	phenylpropanolamine (ppa)
dimethylamphetamine	picrotoxine
doxapram	pipradol
ephedrine	prolintane
(ephedra, ma huang)	strychnine
ethamivan	synephrine
ethylamphetamine	(citrus aurantium, zhi shi, bitter orange)
fencamfamine	
meclofenoxate	and related compounds
methamphetamine	

(b) Anabolic Agents:

anabolic steroids

androstenediol	methyltestosterone
androstenedione	nandrolone
boldenone	norandrostenediol
clostebol	norandrostenedione
dehydrochlormethyl- testosterone	norethandrolone
dehydroepiandro- sterone (DHEA)	oxandrolone
dihydrotestosterone (DHT)	oxymesterone
dromostanolone	oxymetholone
epitrenbolone	stanozolol
fluoxymesterone	testosterone ²
gestrinone	tetrahydrogestrinone (THG)
mesterolone	trenbolone
methandienone	and related compounds
methenolone	
	<u>other anabolic agents</u>
	clenbuterol



(c) Substances Banned for Specific Sports:**Rifle:**

alcohol	pindolol
atenolol	propranolol
metoprolol	timolol
nadolol	and related compounds

(d) Diuretics:

acetazolamide	hydrochlorothiazide
bendroflumethiazide	hydroflumethiazide
benzthiazide	methyclothiazide
bumetanide	metolazone
chlorothiazide	polythiazide
chlorthalidone	quinethazone
ethacrynic acid	spironolactone
flumethiazide	triamterene
furosemide	trichlormethiazide
	and related compounds

(e) Street Drugs:

heroin	tetrahydrocannabinol
marijuana ³	(THC) ³

(f) Peptide Hormones and Analogues:

corticotrophin (ACTH)
 human chorionic gonadotrophin (hCG)
 leutenizing hormone (LH)
 growth hormone(HGH, somatotrophin)
 insulin like growth hormone (IGF-1)

All the respective releasing factors of the above-mentioned substances also are banned:

erythropoietin (EPO) sermorelin
 darbypoetin

(g) Definitions of positive depends on the following:

¹for caffeine—if the concentration in urine exceeds 15 micrograms/ml.

²for testosterone—if the administration of testosterone or use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.

³for marijuana and THC—if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.

