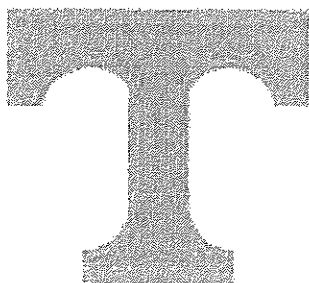


**University of Tennessee
Knoxville
Department of Intercollegiate Athletics**



Substance Abuse Testing Policy and Procedures

Effective Prior to 6/2007

DRUG TESTING PROCEDURE

All University of Tennessee/Knoxville Intercollegiate student-athletes (including athletes who have sustained career-ending injuries) will be tested for banned drugs. Testing will be accomplished by the analysis of urine specimens, or other recognized analytical procedures, obtained from the student at the direction of the Head Team Physician or Head Athletic Trainer. The testing procedure will ensure that the specimen being analyzed is identified with the appropriate student-athlete and that the purity of the sample is maintained. All specimens will be coded to ensure confidentiality. All specimens will be collected in a manner so as to minimize the possibility of contamination or misidentification. This collection will be conducted by an agent appointed by the professional laboratory selected by the Head Team Physician, Head Athletic Trainer, and the University Department of Purchasing/Business Services.

FREQUENCY OF TESTING

- All incoming student-athletes will be tested at the time of their Pre-Participation Physical Exam. This is the ONLY drug test that will be announced prior to testing.
- Student-athletes may be tested at anytime during their period of athletic eligibility.
- All student-athletes participating in Post-Season Bowl Games or NCAA Championships will be tested prior to their competition in their respective post-season event.
- All student-athletes will be subject to random drug testing throughout the year.
- All student-athletes with previous positives or a history of providing unsatisfactory specimens for analysis will be subject to more frequent drug testing throughout the year.
- A student-athlete can be tested whenever medically warranted.

TEST RESULTS

The results of all drug tests (including NCAA drug testing) are provided to the Athletics Director, Head Coach, Head Team Physician, Head Athletics Trainer, and parent(s) or legal guardian(s). The following actions are to be taken:

First Positive

The student-athlete will be assigned to a counseling program approved by the Head Team Physician. Further participation in practice and/or competition will be determined by the Athletics Director and Head Coach after consultation with the Head Team Physician, Head Athletic Trainer and Substance Abuse Counselor. The student-athlete will be subject to more frequent random drug tests within the context of the individual's substance abuse counseling program.

EXCEPTION - A positive drug test for anabolic agents (and/or equivalent related compounds presumed to be performance enhancers as identified and banned by the NCAA and/or USOC), cocaine, heroin, opiates, ephedrine or methamphetamine shall result in immediate suspension from all athletic activities and referral to a substance abuse counseling program. The student-athlete may apply to the Athletics Director and appropriate Head Coach for reinstatement of eligibility only after successful participation in a drug education/counseling program as approved by the Head Team Physician and Head Athletic Trainer.

The following ramifications will also occur:

- Head Coach of the sport may override this immediate suspension by permanently dismissing the student-athlete from the team.
- Student-athlete will be required to submit written documentation of regular participation in an approved substance abuse counseling program over the course of the suspension period in order to be considered for reinstatement. The student-athlete is required to assume the financial burden for participation in this substance abuse counseling program.
- Student-athlete will be subject to frequent random drug testing at any time during the course of their suspension period.
- Student-athlete will lose all privileges of athletic department facility use (including Thornton Academic Center) during the course of their suspension period.
- Student-athlete will need to secure medical clearance and the approval of the Head Team Physician following an annual pre-participation physical examination in order to be considered for reinstatement.
- Upon reinstatement, the student-athlete may be asked to return as a non-scholarship athlete at the discretion of the Athletics Director and/or Head Coach.

If a student-athlete tests positive for marijuana during the first pre-participation physical exam, the student-athlete may have the result removed from their university records after a one year probationary period by: (1) successful participation in a substance abuse education/counseling program as approved by the Head Team Physician, Head Athletic Trainer, and Substance Abuse Counselor; AND (2) having no further positive drug tests (e.g. NCAA, random testing, etc.) during the 12 month period following the initial positive test.

Second Positive

The student-athlete will be indefinitely suspended from practice and competition in intercollegiate athletics. With the

consent of the respective head coach, the student-athlete may apply to the Director of Athletics for reinstatement of eligibility for practice and/or competition only after the Head Team Physician, Head Athletic Trainer, and Substance Abuse Counselor have certified successful participation in an approved substance abuse education and counseling program. The student-athlete will be subject to more frequent random drug tests within the context of the individual's substance abuse counseling program. The student-athlete's scholarship may be revoked in accordance with NCAA procedure.

Third Positive

The student-athlete will be permanently ineligible for intercollegiate athletics at the University of Tennessee/Knoxville. The student-athlete's scholarship will be revoked in accordance with NCAA procedure.

DRUG SCREENING PROTOCOL

Urine specimen of the student-athlete will be obtained under the following guidelines:

- Specimens may be requested at anytime.
- When a student-athlete reports to the drug testing site, they will not be allowed to leave until a specimen is produced.
- Water bottles, open containers, bags etc. **MUST** be checked at the door.
- In the event that a student-athlete requests additional oral fluids in order to produce a specimen, **ONLY** closed/sealed container beverages or water from the drinking fountain will be provided and/or made available.
- A collection agent appointed by an approved professional laboratory will collect all specimens in a manner so as to minimize the possibility of contamination or misidentification.
- All student-athletes will disrobe between the athlete's armpits and knees.
- All NCAA rules against urine manipulation are applicable.
- Specimen container will be handled by the student-athlete only. The student-athlete will select the container, provide their sample, seal the container, mark the seal, attach his/her ID number to the container and place the container in the device used to transport the specimen to the lab. This process is to be performed under the direct observation and supervision of the approved professional laboratory personnel to ensure proper chain of custody. Staff Athletic Trainers may serve as a witness to the procedure at anytime.
- Transport of specimen – The approved professional laboratory courier will transport the specimens to the laboratory where they will be received by a laboratory agent who will sign for them. All signatures will attest that the official seal on the specimen bottle remains intact, and that proper chain of custody was maintained.

DEFINITION OF A POSITIVE TEST

- Testing of a student-athlete's specimen by the approved professional laboratory yields a positive result of a substance banned by the NCAA. This positive result must be confirmed in the laboratory by use of a gas chromatography/mass spectrometry (GC/MS) confirmation.
- Student-athlete is found guilty of violating the rules regarding urine manipulation.
- Student-athlete is found guilty or admits guilt to a legal offense regarding controlled substances or alcohol. In particular this pertains to the use, possession, or sale of a controlled substance. This does **NOT** include any student-athlete who voluntarily submits to a drug or alcohol education/counseling program prior to any involvement with legal authorities.
- Student-athlete is proven to have used controlled substances. Use must be confirmed by signed affidavits and/or admission by student-athlete. Validity of proof to be determined by the Vice Chancellor of Student Affairs, Athletic Director, Head Coach of the student-athlete's sport, the Head Team Physician, and the Head Athletic Trainer.
- Student-athlete does not report for drug screening at the designated time for testing.
- A positive test for marijuana within 30 days of a previously confirmed positive test for marijuana will be used for counseling/treatment purposes only. It will not be considered a positive test for further penalty unless the repeat test reveals an elevated level of THC concentration in the specimen. Appropriate drug/substance metabolism and half-life will be considered along with the specific gravity of the urine specimen in determining subsequent positive drug tests.

DISPOSITION OF POSITIVE TEST

1. All test results are returned by the testing lab directly to the Head Team Physician at the University of Tennessee/Knoxville Student Health Service.
2. The Head Team Physician will notify the following individuals of positive test results:
 - a. Head Athletic Trainer
 - b. Student-Athlete
 - c. Designated Substance Abuse Counselor

- d. Athletic Director
- e. Head Coach of the Athlete's Sport
- f. Student-Athlete's Parents

POST-SEASON BOWL GAME, NCAA CHAMPIONSHIP AND NCAA OUT-OF-COMPETITION (YEAR-ROUND) DRUG TESTING PROGRAMS

The NCAA may conduct drug testing on student-athletes involved in post-season bowl games, NCAA championships, and on a year-round basis at random. The University of Tennessee/Knoxville may test any or all participants in post-season competition prior to participation in such post-season/championship events. This is an official drug screen of the University of Tennessee/Knoxville and the student-athlete is subject to all provisions of our Drug Testing policy. Anyone testing positive may be withheld from post-season competition. These tests will be used to detect NCAA banned drugs/substances.

- Drug screens will be administered after qualification for post-season competition but prior to departure for post-season competition.
- Any positive:
 - o Will be subject to terms/conditions of the University of Tennessee/Knoxville Athletic Department Policy.
 - o Could result in disqualification from post-season competition.

NCAA DRUG TESTING PROGRAM PROTOCOL

- Drug screening will be administered pursuant to the guidelines set forth in NCAA Drug Testing Program.
- Drug testing legislation can be found in the Division I, II, and III manuals and on the NCAA Web page at www.ncaa.org/health-safety.
- Any positive:
 - o If tested before competition, will result in the student-athlete being disqualified from competition and the loss of one (1) year of eligibility.
 - o If tested after competition, will result in a team penalty (which may include disqualification from and/or forfeiture of competition), and the loss of one (1) year of eligibility for the student-athlete.
 - o Will be subject to terms/conditions of the University of Tennessee/Knoxville Athletic Department Policy.

IOC/USOC AND USADA DRUG TESTING GUIDELINES

Please be advised that all student-athletes involved in competition sanctioned by some "other" National Governing Body (NGB) MUST ACKNOWLEDGE that:

- Medications prescribed by your physician, and approved for use by the NCAA, may contain substances PROHIBITED by your sanctioned NGB.
- Over-the-counter medications, such as cold/flu preparations, may contain substances PROHIBITED by your sanctioned NGB.
- Vitamin, herbal, and nutritional supplements purchased over-the-counter (e.g. at GNC) or via the internet may contain substances PROHIBITED by your specific sanctioned NGB; furthermore...
 - o These supplements are not approved by the FDA; and
 - o Their use is not advised without your Head Team Physician's consent.

Check with your Head Team Physician or Staff Athletic Trainer if you are taking any medications or supplements that are in question. The United States Anti-Doping Agency (USADA) is a valuable resource that can assist you in determining whether or not a substance is banned by your sanctioned NGB. Contact USADA at 1-800-233-0393 or visit www.usantidoping.org.

EDUCATION

- At the time of their initial enrollment and annually thereafter, intercollegiate student-athletes will be advised in writing of the purposes and procedures of the substance abuse education and testing program.
- Educational seminars on substance abuse and performance enhancing supplements will be made available to all intercollegiate student-athletes and will be presented by professional and/or experienced drug educators or counselors.

SUPERVISION AND EVALUATION

The Substance Abuse Education and Screening Committee will have overall supervisory responsibility for this program. The committee will consist of the Head Athletic Trainers, Head Team Physicians, Athletic Directors, Executive Associate Athletic Director, Athletic Directors for Compliance, Faculty Athletic Representative, the Vice President for Operations, and the Vice Chancellor for Student Affairs. The Substance Abuse Education and Screening Committee will conduct annual evaluations of this program and make recommendations as deemed appropriate.

The Substance Abuse Education and Testing Policies and Procedures are subject to approval by the Legal Counsel of

the University of Tennessee, Knoxville.

REMINDER

The student-athlete should not take any medication unless it is approved by the Athletic Training Staff or the Head Team Physician; this includes ALL over-the-counter drugs, prescription medicines, and nutritional supplements