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SUMMARY OF STUDENT-ATHLETE DRUG TESTING RESULTS

	2003-04	2004-05	2005-06	2006-07
Total tested	524		465	497
Total positives	7		8	6
--True positives*	6	6	5	3
Dilute samples**	4	3	3	NA
Total No shows	19	25	23	14
--True no shows	4	8	4	0
--Excused no shows	4	4	6	2
--Not notified by coach	11	13	13	12

\*Positives are excused when it is verified to be a result of medical care

\*\*Dilutes samples were not an issue in 2006-07 since the drug testing used saliva or hair

TESTING DATES 2006-07

FALL 2006	SPRING 2007
September 6	January 31
September 13	February 7
September 20	February 13
September 27	February 21
October 4	February 28
October 11	March 7
October 18	March 14
October 25	March 28

November 1	April 4
November 8	April 11
November 15	April 18
November 29	April 25
December 6	May 2

jlp 7/7/06

DRUG TESTING FUNDING FY04 THROUGH FY07

A. \$16,000

B. 16,000

C. 16,000

2006-07 20,000

INTERCOLLEGIATE ATHLETICS

DRUG EDUCATION, INTERVENTION, TESTING, AND TREATMENT PROGRAM

UNIVERSITY OF NEVADA

2006-2007 ACADEMIC YEAR

Program Director

784-3505  
University of Nevada  
Reno, Nevada 89557

## Program Resource Group: 2006-2007

Teri Crawley, Testing Coordinator  
Student Health Center

Julee DeMello, Registered Nurse  
Student Health Center

Jean Perry, Ph.D., Special Assistant to the President  
Faculty Athletics Representative to NCAA

Cheryl Hug-English, M.D.  
Director, Student Health Center

Scooby Meredith, Coordinator  
Alcohol and Other Drug Prevention Programs

Sally Morgan, Director  
Student Mediation and Judicial Services

Marc Paul, Head Athletic Trainer  
Intercollegiate Athletics

Marsha Read, Ph.D., Associate Dean  
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Nancy Roget, Director  
Center for Application of Substance Abuse Technologies

Garry Rubinstein, Coordinator  
Substance Abuse Treatment Program

Jim Spooner, Assistant Athletic Trainer  
Intercollegiate Athletics

# UNIVERSITY OF NEVADA INTERCOLLEGIATE ATHLETICS

## DRUG EDUCATION, INTERVENTION, TESTING AND TREATMENT PROGRAM

### Introductory Statement

The administration of the University of Nevada, as well as its health service professionals, substance abuse counselors, and intercollegiate athletics staff, strongly believe that the use and/or abuse of the drugs listed later in this policy (excluding those drugs prescribed by a physician to treat a specific medical condition) can:

1. seriously affect the performance of the individuals as students and as athletes;
2. be detrimental to the physical and mental well-being of its student-athletes, no matter when such usage should occur during the year;
3. be dangerous to the student-athlete and his or her teammates in athletic competition, practice and related training activities;
4. in some cases, provide an unfair advantage over other competitors.

For purposes of this document, a student-athlete is defined as a member of any University of Nevada's recognized intercollegiate athletic team and a full time registered student at the University of Nevada.

For the purposes of this document, drugs include the use of alcohol, tobacco and other banned substances (see Appendix A) [excluding those drugs prescribed by a physician to treat a specific medical condition]. The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee (NCAA Drug-Testing Program, 2003-2004). The failure of the student-athlete to participate in alcohol and other drug abuse education, testing, intervention and treatment as required under this policy, is deemed a violation of the student-athlete's intercollegiate athletic team rules and will subject the student-athlete involved to the sanctions provided later in this policy.

The University of Nevada has implemented a program of drug education, intervention, testing, and treatment efforts for its student-athletes using many of the resources already available to all university students. Additional costs for the testing aspect of the program are born by the Intercollegiate Athletic Department.

**STUDENT-ATHLETES ARE FREE TO REFUSE TO CONSENT TO DRUG TESTING UNDER THIS PROGRAM. HOWEVER, STUDENT-ATHLETES WHO DECLINE PARTICIPATION IN THE PROGRAM, WHICH IS DESIGNED TO PROTECT THE HEALTH AND REPUTATION OF THE STUDENT-ATHLETE, WILL NOT BE SIGNED TO, NOR SHALL BE PERMITTED TO PARTICIPATE IN, INTERCOLLEGIATE ATHLETICS FOR THE UNIVERSITY OF NEVADA. A STUDENT-ATHLETE WHO FAILS TO PARTICIPATE FULLY IN THIS DRUG TESTING PROGRAM SHALL BE CONSIDERED TO HAVE MADE A DECISION NOT TO PARTICIPATE IN INTERCOLLEGIATE ATHLETIC PROGRAM AT THE UNIVERSITY OF NEVADA.**

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A student-athlete who is already in the university's intercollegiate athletics program and who refuses to participate in this drug education, intervention, testing and treatment program will be notified of his or her impending prohibition from the University of Nevada's intercollegiate athletics program before such prohibition takes effect. He or she will be given the opportunity to meet with the Program Director and the student-athlete's coach to be heard on the matter of the impending prohibition from participation in the intercollegiate athletics program.

It has always been standard university procedure for coaches and athletic trainers to send student-athletes with an apparent medical problem to medical personnel who may subsequently require a urine sample from the student-athlete to test for the presence of drugs or chemicals. This procedure is independent of the program herein described.

## Purpose of the Program

The purpose of the University of Nevada Intercollegiate Athletics Drug Education, Intervention, Testing, and Treatment Program (hereinafter referred to as the "Program") is to aid the student-athlete directly. Such assistance is consistent with the specific goals of the Program which are to:

1. provide educational programs concerning the effect of substance abuse on athletic activities;
2. deter substance abuse by student-athletes;
3. identify, in a confidential way, any participant in the Program who may be abusing a specific drug;
4. educate any participant in the Program so identified regarding such involvement as it may affect the student-athlete and his or her teammates;
5. encourage the proper treatment of any substance abuse problem identified;
6. provide a safeguard that participants in the Program are medically fit to engage in intercollegiate athletic competition, practice and other training activities; and
7. encourage discussion at all appropriate levels about involvement with any substances identified.

NOTE: This program is separate and distinct from the NCAA testing program and as such, students may be required to present for NCAA testing at any time.

## Coaches and Recruitment

When a prospective student-athlete is recruited to engage in an intercollegiate athletic sport, the Program should be discussed with the recruit. A copy of the Program can be made available for the student-athlete's parents, legal guardians, or spouse, if requested. All new and returning student-athletes will be required annually to sign a form acknowledging receipt and understanding of the Program and shall be requested to give their consent to participate in the Program on a consent form to be provided. (see Appendix C)

## Drug & Health Education Program

The curriculum for the program includes:

1. ACE 110, a regularly scheduled 2 credit First Year Experience (FYE) course dealing with campus life and athletic performance issues, such as alcohol and substance use. **THIS COURSE IS REQUIRED OF ALL FRESHMAN STUDENT-ATHLETES.** Student-athletes must contact a Wolf Pack Academic Advisor for this course section number and call number (specific for student-athletes).
2. Mandatory seminars for all student-athletes, administrators and coaches may be scheduled and announced during each academic year.

## Drug Testing

**RANDOMLY SELECTED STUDENT-ATHLETES WILL BE INFORMED BY THEIR COACHES THAT THEY ARE TO PROVIDE AN OBSERVED URINE, SALIVA or HAIR SAMPLE.**

The Program would prefer direct face to face or direct phone communication of a student-athlete's "call to test," but use of cell phone messaging or an email will suffice as long as there is no specific information contained in the message. A message could use an "internal code" which would relay the "call to test" notification to the student-athlete without specifically stating such. (2005-2006 Program Amendment, approved 5/18/05.)

A student-athlete notification form will also be utilized, instructing each student-athlete about test preparation and location, date and time of test. (see Appendix B)

Urine, saliva or hair samples will be tested for, but not limited to, the NCAA's list of banned substances. (see Appendix A for a list of drugs banned by the NCAA). Tests for other substances will be administered by request.

**FAILURE TO APPEAR OR TO PROVIDE AN ACCEPTABLE URINE SAMPLE HAS THE FOLLOWING CONSEQUENCE:**

Student-athletes who No Show or are Unable to Produce a Testable Sample will be considered in a First (or Second or Third Positive where applicable) Positive situation, but have until the close of the Student Health Center business day (5:00 pm) to report to the Student Health Center where a saliva or hair sample will be taken. If the saliva or hair test results are negative, the student-athlete will be removed from the First (or Second or Third) Positive status. If the student-athlete does not present herself or himself to the Student Health Center by the end of the business day (5:00 pm), or the saliva or hair test is positive, the student-athlete will retain the First (or Second or Third) Positive status (amended May 2006).

## STUDENT-ATHLETES MAY NOT PLAY OR PRACTICE UNTIL THEY HAVE PROVIDED A TESTABLE SAMPLE.

Samples will be analyzed for the presence of any banned drug by an outside agency contracted with the university to provide such service. The outside agency shall report all test results to the Student Health Service Director, or her or his designee.

Every practical step will be taken to assure the accuracy and confidentiality of the test results. The test results shall be considered a part of the medical records of the student-athlete. Additionally, random selection of student-athletes will be objectively generated, using computerized randomization software.

Student-athletes who fail to test on the appointed date may not play or practice until they have met with the Program Director.

Student-athletes who fail to appear for a test, who provide an untestable sample, or who have a confirmed positive test may be recalled to test at any time and therefore are not part of a random selection process. (1996-97 Program Amendment)

Multiple Team Participation: Student-athletes who participate in two or more sports will be tested under their primary sport. All coaches involved will be notified of a positive test, however, the consequences of a positive test result will affect the current sport in which the student-athlete participates, or the first competition of the next scheduled event. (2003-2004 Program Amendment, approved 5/14/03)

### Consequences of Positive Test Results

#### A. First Positive Situation

An initial positive laboratory test will be confirmed immediately to assure no error has occurred. If the positive result is verified and confirmed as non-medically related, the Student Health Center Director will inform the Program Director and the Intercollegiate Athletic Department Program Liaison (hereafter referred to as Program Liaison).

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Program Director will notify the student-athlete and the coach that a specific banned substance was identified. **STUDENT-ATHLETES IN A "FIRST POSITIVE SITUATION" ARE AUTOMATICALLY SUSPENDED FOR ONE WEEK OF COMPETITION STARTING WITH THE MONDAY FOLLOWING THE POSITIVE TEST. IF THE CONFIRMED POSITIVE OCCURS OFF- SEASON, THE STUDENT-ATHLETE IS AUTOMATICALLY SUSPENDED FOR ONE WEEK OF COMPETITION BEGINNING WITH THE FIRST WEEK OF REGULARLY SCHEDULED COMPETITION THE FOLLOWING SEASON.**

Prior to implementation of the suspension period, the student-athlete will be notified of the proposed suspension and the reasons for the proposed action. Student-athlete will have an opportunity to discuss the matter fully with the Student Health Center Director or his/her designee and to present evidence of any rebuttal or mitigating circumstances which he or she feels important and/or constraining.

A student-athlete may not play or practice until he or she has contacted the Program Director, who will provide more detailed information on how to proceed in setting up appointments for an evaluation with the Student Health Center Director or her/his designee and a substance abuse counselor in the Student Services Counseling Center. The number of sessions with the substance abuse counselor will be determined on an individual basis, based on the counselor's professional assessment. The results of these evaluations will be reported, within the limits of confidentiality, to the Program Director. The student-athlete's refusal to meet with the Program Director or to appear for evaluations as provided in this paragraph will be constructively treated as a second positive result. If the student-athlete is under 18 years of age, it will be recommended that he or she inform parent(s), legal guardian(s) or spouse, as the case may be, of the positive results.

Exhibition games are NOT to be considered part of a student-athlete's suspension from competition. (Exhibition games are defined as those that do not count in a team's won/loss record.) The student-athlete is free to participate in an exhibition game (unless there are medical considerations). They will then be ineligible for the next week (or two) of the regular season. (2005-2006 Program Amendment, approved 5/18/05.)

Rain outs will be counted as serving a suspension UNLESS the rain outs are made up at a later date. In that case, the student-athlete will NOT be eligible for those make up competitions specific to the rain outs. (2005-2006 Program Amendment, approved 5/18/05.)

## **B. Second Positive Situation**

A participant in the program is considered to be in a second positive situation as noted previously or by reason of a positive laboratory test following a confirmed and verified first positive test. If this confirmed positive result is verified as non-medically related, the Program Director and Program Liaison will be so notified by the Student Health

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Center Director. The Program Director will inform the coach and student-athlete of the second positive situation and meet with the student-athlete concerning the next steps to be taken. The student-athlete may not play or practice until this meeting has taken place. If under 18, it will be recommended that he or she inform parent(s), legal guardian(s), or spouse, as the case may be, of the positive result.

Program Director will provide more detailed information on how to proceed in setting up appointments for an evaluation with the Student Health Center Director or her or his designee and a substance abuse counselor in the Student Services Counseling Center. The number of sessions with the substance abuse counselor will be determined on an individual basis, based on the counselor's professional assessment. The results of these evaluations will be reported, within the limits of confidentiality, to the Program Director.

**THE STUDENT-ATHLETE WILL BE AUTOMATICALLY SUSPENDED FROM COMPETITION FOR TWO WEEKS FROM THE DATE THAT NOTICE IS GIVEN TO THE STUDENT-ATHLETE AND COACH (usually the Monday following the positive test). IF THE SECOND POSITIVE IS INCURRED IN THE OFF-SEASON, THE ATHLETE IS AUTOMATICALLY SUSPENDED FOR**

## TWO WEEKS OF COMPETITION BEGINNING WITH THE FIRST WEEK OF REGULARLY SCHEDULED COMPETITION THE FOLLOWING SEASON.

Prior to implementation of the suspension period, the student-athlete will be notified of the proposed suspension and the reasons for the proposed action. Student-athlete will have an opportunity to discuss the matter fully with the Student Health Center Director or his or her designee and to present evidence of any rebuttal or mitigating circumstances which he or she feels important and/or constraining. A student-athlete's refusal to participate in an alcohol and drug abuse and treatment program as set forth in this paragraph will be constructively treated as a third positive result.

Exhibition games are NOT to be considered part of a student-athlete's suspension from competition. (Exhibition games are defined as those that do not count in a team's won/loss record.) The athlete is free to participate in an exhibition game (unless there are medical considerations). They will then be ineligible for the next week (or two) of the regular season. (2005-2006 Program Amendment, approved 5/18/05.)

Rain outs will be counted as serving a suspension UNLESS the rain outs are made up at a later date. In that case, the student-athlete will NOT be eligible for those make up competitions specific to the rain outs. (2005-2006 Program Amendment, approved 5/18/05.)

### **C. Third Positive Situation**

A student-athlete is considered to be in a third positive situation as noted previously or by reason of a confirmed positive laboratory test subsequent to a finding of a second

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positive situation, at any time in his or her athletics career at the University of Nevada. If this confirmed positive result is verified as non-medically related, the Program Director will be notified by the Student Health Center Director. The Program Director will inform the student-athlete and the coach of the third positive situation. The Program Director will meet with the student-athlete concerning the next steps to be taken. If under 18 years of age, the student-athlete will be required to inform his or her parent(s), legal guardian(s), or spouse, as the case may be, of the positive result.

A student-athlete who is actually or constructively found to be in a third positive situation may have a very serious controlled substance problem and/or has made some value judgments about his or her behavior which must be treated seriously. A student-athlete who receives a confirmed and verified third positive test will be dropped from the sport roster immediately and permanently suspended from intercollegiate athletic participation at the University of Nevada. All financial support will be terminated. However, as a continuing student enrolled at the University of Nevada, he or she can choose to continue to seek substance abuse counseling from the Student Health Center and the Student Services Counseling Center.

The University of Nevada Intercollegiate Athletics Drug Education, Intervention, Testing, and Treatment Program may be modified or amended, with the approval of the President of the University, prior to the beginning of each succeeding academic year. Such amendments or modifications shall apply to, and be effective for, all student-athletes in the university's intercollegiate athletics program upon notice and acknowledgment by the student-athletes.

#### Participation by Non-Athletes

Non-athletes who may wish to participate in a program similar to that described herein may do so by contacting the Program Director for referral for substance abuse treatment or educational programs. Those non-athletes wishing to participate in the drug testing phase of this Program should contact the Student Health Center. The cost of drug testing shall be borne by the individual or the individual's sponsoring department requesting such testing.

jlp 7-10-06