



FAX TRANSMISSION  
COVER LETTER

LOUISIANA TECH  
UNIVERSITY

INTERCOLLEGIATE ATHLETICS

DATE: 7-9-07

TOTAL PAGES: 3 (Including Cover)

TO: *Nate Carlisle*

FAX NUMBER: 801-257-8525

FROM: *Jim Dukes*

SUBJECT: *see attached*

**Louisiana Tech University  
Department of Athletics Drug Testing**

Testing Date: June 27, 2007  
Number Tested: 11 Student Athletes  
1 Positive Test

Testing Date: March 13, 2007  
Number Tested: 1 Student Athlete  
Negative Test

Testing Date: January 31, 2007  
Number Tested: 8 Student Athletes  
1 Positive Test

Testing Date: January 9, 2007  
Number Tested: 8 Student Athletes  
All Negative Tests

Testing Date: June 20, 2006  
Number Tested: 7 Student Athletes  
All Negative Tests

Testing Date: May 8, 2006  
Number Tested: 12 Student Athletes  
2 Positive Tests

Testing Date: November 2, 2006  
Number Tested: 27 Student Athletes  
All Negative Tests

Testing Date: April 27, 2005  
Number Tested: 8 Student Athletes  
All Negative Tests

Testing Date: March 22, 2005  
Number Tested: 8 Student Athletes  
All Negative Tests

Testing Date: March 17, 2005  
Number Tested: 26 Student Athletes  
All Negative Tests

Testing Date: October 26, 2005  
Number Tested: 27 Student Athletes  
All Negative Tests

Testing Date: April 21, 2004  
Number Tested: 26 Student Athletes  
All Negative Tests

Testing Date: April 12, 2004  
Number Tested: 1 Student Athlete  
Negative Test

Testing Date: March 17, 2004  
Number Tested: 9 Student Athletes  
All Negative Tests

Testing Date: February 17, 2004  
Number Tested: 9 Student Athletes  
All Negative Tests



# LOUISIANA TECH UNIVERSITY

## DEPT. OF ATHLETICS DRUG TESTING POLICY

The Louisiana Tech University Department of Athletics and the National Collegiate Athletic Association (NCAA) do not condone illegal drug use of any type. Illegal drug use is a serious problem because the use of drugs is harmful to the health and performance of the student-athlete. The purpose of the Louisiana Tech University Department of Athletics' Drug Education and Testing Program and those of the respective conferences and the NCAA are to **PREVENT** the use of illegal and performance enhancing drugs. The goals of the testing program are to evaluate, educate and if necessary and feasible, rehabilitate the student-athlete in regard to drug use. The program is designed to help the student-athlete refrain from becoming part of this serious, life-threatening problem. To this end, the following are essential components of the Drug Testing and Education Policies of the NCAA and of Louisiana Tech University for athletes participating in intercollegiate sports.

- Each student-athlete (and his/her parents, if the student-athlete is under the age of 18) who is involved with intercollegiate athletics at Louisiana Tech University will be informed of the Drug Testing and educational Policies of the NCAA and the Department of Athletics.
- Students who participate in intercollegiate athletics may be screened for banned drugs, nutritional supplements, ergogenic aids, and masking agents. A Staff Athletic Trainer will be responsible for ensuring that each student-athlete to be tested is informed of the time and location of the drug test. Any student-athlete who fails to report for his/her assigned drug test will be reported to the Director of Athletics by the Staff Athletic Trainer. In the event that the student-athlete does not appear for his/her assigned time, this test is automatically considered a positive test, and disciplinary action will occur.
- The Drug Analyst will acknowledge receipt of the specimen and will secure the specimen until it is analyzed. The results of all drug tests will be reported to the Athletics Director.
- Each positive test is cumulative throughout the student-athlete's career at Louisiana Tech University. There will be no "clean slate" each year.

Duration and severity of penalty for a positive test will be determined on a case-by-case basis.

### Minimum Penalties following a first offense:

1. Immediate suspension from team,
2. Mandatory drug counseling,
3. Mandatory institutional testing from the date of the positive test,
4. Student-athlete will be required to live on-campus if currently off-campus; if on-campus, student-athlete will be required to move from current location and a new roommate will be assigned,
5. A letter will be sent to parent/guardian advising them of a positive test.

### Minimum Penalties following a second offense:

1. Suspended from team for no less than one quarter,
2. Loss of athletic financial aid for at least one quarter,
3. Continued mandatory drug counseling,
4. Automatic suspension of 25% of in-season competitions.

### Penalty following a third offense:

1. Terminated from athletics at Louisiana Tech University.

### NUTRITIONAL SUPPLEMENTS AND ERGOGENIC AIDS

Many student-athletes assume that if nutritional supplements and ergogenic aids can be purchased at a health food store, they must be legal for use under NCAA rules. **THIS IS NOT TRUE!** Reliance on the advice of the clerk at the store, the distributor at the gym, or anyone, who is not with the student-athlete's athletics program can result in erroneous information about whether the products contain any NCAA-banned ingredients contained in the product. Before taking any nutritional supplements, the student-athlete is responsible for taking appropriate steps to ensure that it does not contain any substance banned by the NCAA. There is a toll free number to the Resource Exchange Center, 1-877-202-0769, which is funded by the NCAA to provide a confidential resource for student-athletes and athletics staff who have questions about nutritional supplements.