

Do
DRUGS
DON'T
PLAY

Drug

1st Offense: suspension of no less than 10% of total sport season; no less than 20 hours community service; possible loss of scholarship and

2nd Offense: suspension of no less than 50 % of the total sport season if either of the two (2) offenses is a DUI or involves a controlled substance. If neither offense is a DUI or involved a controlled substance then the student-athlete will be suspended from competition for not less than 30% of the season; no less than 40 hours community service; possible loss of scholarship.

Alcohol

3rd Offense: permanent suspension and loss of scholarship



toxicologist) to confirm whether the use of the medication or dietary supplement was appropriate and used properly in the correct dosage. If so, this would be considered a “medical exception”. Absent a medical explanation the test is considered positive. If possible, testing is quantified in order to ascertain the exact amount of the prohibited substance in the student’s urine. The student-athlete will continue to be tested on a regular basis until testing negative for the prohibited substance on two sequential urine samples, or as often as deemed necessary. If during follow-up testing the quantitative result indicates an increased amount of prohibited substance the student will be subjected to the remedial guidelines for the second or third offense, as applicable. A forensic toxicologist may be utilized as a technical resource to clarify any questions pertinent to the follow-up positive test result.

Policy Regarding Notification of a Positive Drug Test

Positive test results will be sent directly to the Drug Testing Program Director (by e-mail to a secure computer site and/or a secure fax as well as a hard copy letter marked “confidential”), and they will follow the procedures detailed in “Remedial Guidelines for Drug Offenses” as appropriate.

Confidentiality

Maintaining confidentiality is a critical factor for an effective substance abuse policy. No athletic association personnel or any individual associated with the drug testing program is permitted to disclose or allude publicly to any information acquired in their capacity, whether or not it relates to identified student-athletes, individual teams, or the athletic association, unless required by court proceeding.

Drug Counseling

The Drug Testing Program Director and Director of Sports Medicine, in consultation with others who may have evaluated the student-athlete, will decide whether the student-athlete is unfit to participate in athletics and should be admitted for inpatient (hospitalized) or outpatient (without hospitalization) treatment. Counseling sessions are provided at the expense of the athletic association; however, any student-athlete missing a scheduled counseling session is required to pay for that session at the current patient charge.

University Policy on Alcohol

- UGA will notify parents after the first and every subsequent violation
- Students in violation for the first time will be assigned to an alcohol awareness class and placed on probation for the current semester and the next two semesters
- Students in violation while on probation will be suspended for the current semester and next semester

For Additional Information:

- Contact member of UGAA Sports Medicine Staff with questions regarding drug testing, education and counseling or questions regarding medications or nutritional supplements
- The NCAA provides access to the Resource Exchange Center (REC) Website. The REC is a free, confidential source of information available to all involved with NCAA athletics to inquire whether specific dietary supplements or other substances contain NCAA banned ingredients. To access site, go to www.drugfreesport.com. NCAA REC username is NCAA Division I and password is ncaa1.
- For questions related to IOC or USOC drug testing guidelines, call the USOC Olympic Drug Reference Line at 1-800-233-0393.

Remedial Guidelines for Drug Offenses

Remedial guidelines are based upon whether the positive drug test is a first, second, or third offense. An NCAA cumulative drug test will count as an institutional positive test. Positive drug tests are cumulative through-out a student-athletes period of eligibility. With the application of any remedial guidelines, a Drug Testing, Education, and Counseling Compliance Acknowledgement Form will be completed and notarized. A copy must be given to the student-athlete and a copy sent by certified mail to the parent/guardian.

Remedial Guidelines: First Offense

1. The Drug Testing Program Director will notify the Director of Athletics and Director of Sports Medicine. The Director of Sports Medicine will notify the Head Team Physician. The Director of Athletics/designee will then notify the Head Sport Coach. The Director of Athletics/designee, Director of Sports Medicine/designee, Head Sport Coach and the student-athlete will meet to discuss the positive test. If requested the student-athlete may meet privately with the Director of Sports Medicine and the Drug Testing Program Director. If necessary consultation with a toxicologist may be requested.
2. The student-athlete’s parents or guardian will be notified.
3. The student-athlete will be drug tested until testing negative for the prohibited substance on two sequential urine samples.
4. The student-athlete must attend drug counseling and evaluation sessions.
5. The student-athlete will perform no less than twenty hours community service. Community service work will be arranged through the Director of Life Skills.
6. The student-athlete will be suspended from competition during the athletic season for no less than 10 % of the total sport season.
7. The Director of Athletics and Head Sport Coach, in consultation with the appropriate medical and legal authorities, will review the case and determine whether the scholarship should be continued.
8. If a new student-athlete tests positive for a prohibited substance on his or her entry physical drug test or on a first randomized drug test conducted within the first 30 days following formal notification of the UGAA drug testing, education and counseling policy, the Drug Testing Program Director will notify the Director of Athletics and Director of Sports Medicine. The Director of Sports Medicine will notify the Head Team Physician. The Director of Athletics/designee will then notify the Head Sport Coach. The parents or guardian will be notified and remedial measures of repeat drug testing and counseling and evaluation will be implemented. However, this test will not be treated as a first offense, for purposes of implementing this policy, because the student-athlete was not an enrolled student at the time the prohibited substance was used and had not been formally notified of and oriented to the UGAA drug testing, education and counseling policy.
9. The student-athlete may be required to undergo examination by the Head Team Physician and/or other medical specialists as deemed appropriate in order to receive medical clearance prior to returning to any athletic activity, whether practice, competition, strength and conditioning activities or off-season training.
10. Note that community service work hours assigned to a student-athlete by UGAA may run concurrently with any community service work hours assigned by the legal system for the same offense

Remedial Guidelines: Second Offense

1. The Drug Testing Program Director will notify the Director of Athletics and Director of Sports Medicine. The Director of Sports Medicine will notify the Head Team Physician. The Director of Athletics/designee will then notify the Head Sport Coach. The Director of Athletics/designee, Director of Sports Medicine/designee, Head Sport Coach and the student-athlete will meet to discuss the positive test. If requested the student-athlete may meet privately with the Director of Sports Medicine and the Drug Testing Program Director. If necessary consultation with a toxicologist may be requested.
2. The student-athlete’s parents or guardian will be notified.
3. The student-athlete will be drug tested until testing negative for the prohibited substance on two sequential urine samples.
4. The student-athlete must attend drug counseling and evaluation sessions.
5. The student-athlete will perform no less than forty hours community service. Community service work will be arranged through the Director of Life Skills.
6. The student-athlete will be suspended from competition during the athletic season for no less than 50 % of the total sport season if either of the two (2) offenses is a DUI or involves a controlled substance. If neither offense is a DUI or involved a controlled substance then the student-athlete will be suspended from competition for not less than 30% of the season.
7. The student-athlete may be required to undergo examination by the Head Team Physician and/or other medical specialists as deemed appropriate in order to receive medical clearance prior to returning to athletic activity, whether practice, competition, strength and conditioning activities or off-season training.
8. The Director of Athletics and Head Sport Coach, in consultation with the appropriate medical and legal authorities, will review the case and determine whether the scholarship should be continued.
9. Note that community service work hours assigned to a student-athlete by UGAA may run concurrently with any community service work hours assigned by the legal system for the same offense

Remedial Guidelines: Third Offense

1. The Drug Testing Program Director will notify the Director of Athletics and Director of Sports Medicine. The Director of Athletics/designee will then notify the Head Sport Coach.

2. The student-athlete will be permanently suspended and scholarship (if applicable) will be terminated, consistent with all university, conference and NCAA rules and regulations.

Discipline and the Appeal Process

Any student who violates the UGAA Policy is subject to the Remedial Guidelines of the policy. Any student disciplined under the drug policy has the right to appeal and a hearing before the Director of Athletics and/or designee. Student-athletes are reminded that many of the drugs banned in the drug policy are illegal. Involvement in the criminal justice system for a drug-related offense will be taken into account in disciplinary action imposed by UGAA. Such involvement may also serve as an independent basis for discipline.

Appeal Process

Student athletes who test positive may, within seventy-two (72) hours following receipt of notice of the positive test, contest the finding. Upon the student-athlete’s request for additional testing of the sample, the Drug Testing Program Director will formally request the SAMHSA certified laboratory to re-analyze to reconfirm the original positive finding. The student-athlete may choose to be present (traveling at their own expense) for the re-analysis at the laboratory. If the student-athlete does not wish to be present but desires to be represented, arrangements will be made for a surrogate to attend. The student-athlete or surrogate will attest to the sample number prior to the laboratory conducting the re-analysis. The student-athlete or surrogate will not be involved with any other aspect of the analysis of the specimen. Re-analysis findings will be final. If the re-analysis test is negative, the first drug test will be considered negative.

Student athletes who test positive under the terms of the UGAA Drug Testing, Education and Counseling Policy will be entitled to a hearing with the Appeals Committee prior to the imposition of any sanction. The Appeals Committee will be chaired by the Director of Athletics/designee and composed by the Drug Testing Program Director, Director of Sports Medicine/designee, and Head Sport Coach. Requests for such a hearing must be made within seventy-two (72) hours of notification of a positive test result. If the forty-eight hours would end on a weekend, the request must be made by noon on the next business day. Requests must be in writing and received by the Director of Athletics by the time deadline.

The student-athlete may have an advocate or other representative present. However, the student-athlete must present his or her own case. The meeting should take place no more than seventy-two (72) hours after the written request is received. Either the student-athlete or the other parties involved may request an extension of time to the Director of Athletics, who will consider whether to grant the extension upon a showing of good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the positive drug test. The proceedings shall be confidential. The decision by the Appeals Committee regarding the sanction to be imposed shall be final.

Suspension from Competition

If suspension is determined for the student-athlete by the Director of Athletics and Head Sport Coach or Appeals Committee, the suspension must be served immediately and in successive competitions. The suspension is for sanctioned athletic contests (e.g. scrimmages, summer athletic tours, etc. shall not be counted as game suspensions). A statement should be released by the Director of Athletics and/or Head Sport Coach through sports information that the student-athlete “has been suspended for ___ competitions due to a violation of team rules.” A suspension cannot be served concurrently with an injury or illness. If the suspension occurs during the season and the length of the remaining season is not sufficient to carry out the entire suspension, the remainder of the suspension will carry over until the next sport regular season.

Policy Regarding Self-Reporting of Drug Problem: “Safe Harbor Program”

A student-athlete may self-refer to the UGAA Safe Harbor Program for voluntary evaluation and counseling. A student-athlete is not eligible for the Program after notification of an impending drug test or after receiving notice of a positive UGAA or NCAA drug test.

UGAA will work with the student-athlete to prepare a Safe Harbor treatment plan, which may include confidential drug testing. If the student-athlete tests positive for a banned substance upon entering the Safe Harbor Program, that positive test will not result in any administrative sanction. The team physician may suspend the student-athlete from play or practice if medically indicated. A student-athlete will be permitted to remain in the Safe Harbor Program up to thirty (30) days, as determined by the treatment plan. A student-athlete will not be permitted to enter the Safe Harbor Program thirty (30) days prior to NCAA or Conference postseason competition. While in compliance with the Safe Harbor Program treatment plan, the student-athlete will not be included in the list of students eligible for random drug testing by UGAA. Students in the Safe Harbor Program may be selected for drug testing by the NCAA.

The Director of Athletics/designee, Drug Testing Program Director, the Director of Sports Medicine/designee, the student-athlete’s Head Sport Coach and the Team Physician may be informed of the student’s participation in the Safe Harbor Program. The athletic trainer assigned to that sport may also be notified, if medically appropriate. The assistant coach(es) also may be informed at the discretion of the Head Sport Coach. Other university employees may be informed only to the extent necessary for the implementation of this policy.

If a student-athlete tests positive on a second test for any banned substance after entering the Safe Harbor Program or fails to comply with the treatment plan, the student-athlete will be removed from the Safe Harbor Program. The initial Safe Harbor positive test will be treated as a first positive and the second positive will result in action consistent with “Remedial Guidelines: Second Offense”.

Policy Regarding Recruitment of Student-Athletes

Coaches involved in recruiting of student-athletes should ensure that student-athletes are aware of the “University of Georgia Athletic Association Drug Testing, Education and Counseling Policy”. Additionally, alcohol containing beverages are not to be used during the recruitment process of any prospective student-athlete.

University of Georgia Athletic Association Drug Testing, Education and Counseling Policy

The University of Georgia Athletic Association (UGAA) Drug Testing, Education and Counseling Policy (hereafter the “Policy”) addresses the non-medical use of prescription drugs, use of illegal drugs and the use of dietary supplements which are detrimental to the physical and mental well being of its students. UGAA has implemented a mandatory program of drug testing, education, and counseling/rehabilitation to protect the student-athletes health and safety. The Policy may be amended from time to time and student-athletes will be given notice of any critical changes. The Policy shall not be construed to create a contract between student-athletes and UGAA.

Purpose of the Program

The purpose of the UGAA Policy is to prevent drug use and abuse in athletics and, where detected, to eliminate it through medical treatment and/or discipline. Specific goals are:

1. Educate student-athletes in the dangers of drug use.
2. Identify drug using student-athletes through testing.
3. Deter drug use by student-athletes.
4. Provide treatment if necessary.
5. Provide discipline if necessary.

Problems Associated With Drug Use

Drug abuse can remain undetected leading to personal tragedy, which may include diminished academic and athletic performance, self-injury or injury to others, drug dependence or addiction, legal problems, and disastrous financial consequences. Abuse may also cast a negative image on all student-athletes due to public visibility and the reputation of an academic center of higher education. Student-athletes have a responsibility to themselves and the institution to maintain high standards of conduct and a sound respect for their physical health.

Drug Education Policy

UGAA considers education to be an important part of the Policy. At the beginning of each academic year, each student-athlete will be required to attend an education seminar which will address the National Collegiate Athletic Association (NCAA) and UGAA drug policies and testing guidelines. Each student-athlete will receive written copies of the policies and testing guidelines and will sign drug testing consent forms for both organizations. A presentation on the medical/legal aspects of drug abuse will also be conducted. Educational in-services will be offered to student-athletes and athletic staff throughout the year. These programs will address the UGAA Policy and are coordinated by the sports medicine staff and the Director for CHAMPS/Life Skills. All UGAA personnel, particularly head coaches, should cooperate in making sufficient time available during team meetings for presentations and lectures. The drug education program will be reviewed and updated as necessary.

Prohibited Substances

Individuals are prohibited from use or attempted use, purchase, possession, manufacture, distribution and/or sale

of the following (or aiding and abetting or being an accomplice to another):

- Includes but is not limited to the NCAA Banned-Drug
 - Classes:
 - Stimulants
 - Narcotics
 - Anabolic agents
 - Substances banned for specific sports
 - Diuretics
 - Street drugs
 - Peptide hormones and analogues
- Illegal distribution, and/or the acquisition of multiple legal prescriptions for the same injury or illness from multiple physicians, misuse of any legal prescription drug, or alteration of any drug prescription. Distribution of drugs includes sale of a drug, trading a drug for another item/drug or giving their prescription drug to another person.
- While the moderate use of alcohol containing beverages is not prohibited for persons 21 years of age or older, any misuse of alcohol, including violations of the law while intoxicated, may result in corrective actions. A student-athlete who receives a legal citation from a law enforcement officer for an alcohol violation, including but not limited to:
 - driving under the influence of drugs or alcohol
 - public intoxication by drugs or alcohol
 - drinking alcohol under the legal age limitwill be subject to the Remedial Guidelines for Drug Offenses detailed in this Policy.

A student-athlete who is observed in the act of drug or alcohol use, or is observed demonstrating the effects of drug or alcohol use, by an athletic association staff member, university employee (e.g. resident hall staff) or law enforcement officer will be subject to the Remedial Guidelines for Drug Offenses detailed in this policy.

Warning: Be aware that many over-the-counter medications, prescription medications, and nutritional supplements may be banned by the NCAA, IOC or USOC and may cause a drug test to be positive. Do not take any medications or nutritional supplements without first checking with the UGAA sports medicine staff and strength and conditioning staff.

Procedural Guidelines

1. All student-athletes, as well as red-shirts, medical red-shirts, medical disqualifications, student-athletes who are academically ineligible, student-athletes who have exhausted athletic eligibility but are still receiving financial aid and using other athletic related services, cheerleaders, athletic training students, and student equipment managers will be subjected to drug testing.
2. All student-athletes will be required to sign a consent form as a condition of athletic eligibility or work opportunity (e.g. athletic training students, student equipment managers) giving UGAA permission to conduct a test at any time.
3. Student-athletes may be notified in advance of drug

testing and provided information on the time and site of the scheduled test. Under this policy, no notice testing is permissible.

4. Failure or refusal to appear for a scheduled drug test will be treated as a positive test.
5. The student-athlete will report at the scheduled check-in time and location. The student-athlete must bring a photo ID to the collection station or have their identification verified to the sample collection crew by UGAA staff. The student-athlete will complete a form in the presence of the athletic training staff disclosing all medications (prescription and/or over-the-counter) and dietary supplements that he or she is taking. The student-athlete will then be released to the custody of the sample collection crew.
6. A collector of the same gender will observe the collection of urine samples. Each collector will be trained in appropriate collection techniques by the certified laboratory. Each individual sample will be coded to protect confidentiality.
7. The Drug Testing Program Director will be notified by the certified laboratory of positive test results. The Drug Testing Program Director will notify the Director of Athletics/designee and Director of Sports Medicine/designee. The Director of Athletics/designee will then notify the Head Sport Coach. They will follow the procedures identified detailed in “Remedial Guidelines: First Offense”, “Remedial Guidelines: Second Offense” or “Remedial Guidelines: Third Offense” as appropriate.

Types of Testing

Pre-Participation:

Each student-athlete in every intercollegiate sport is subject to drug testing during the pre-participation physical.

Random:

Throughout the school year, random drug testing will be performed on a regular basis. The certified laboratory will use a computer program to select the number or percentage of student-athletes to be tested for each sport from a current roster. Student-athletes attending summer sessions, or who are not enrolled in summer school but participate in supervised on-campus off-season conditioning programs, are also subject to random drug testing. Other methods of selection include entire teams, or teams of individuals who may be in a position to qualify for post-season conference or NCAA championship competition.

Reasonable Suspicion:

Any student participating in the intercollegiate athletic program is subject to reasonable suspicion drug testing if there is reason to believe the student may be using banned substances. Reasonable suspicion includes, but is not limited to, the following:

- a. current or past involvement with the criminal justice system for drug or alcohol related activities
- b. prior treatment for drug or alcohol problems
- c. admission of a current drug or alcohol problem
- d. prior positive test for any banned substances

- e. physiological signs of possible impairment from drugs or alcohol
- f. a pattern of aberrant behavior (e.g. increase/decrease in weight in a short period of time, increase in absence from class or athletic activities, increase in injury rate, mood swings, etc.).

Any strength and conditioning coach, sport coach, athletic administrator or athletic staff member concerned with a particular student should express this information confidentially to either the Drug Testing Program Director or the Director of Sports Medicine. These individuals are available to all athletic association personnel to explain further the signs that may point to the need for reasonable suspicion testing. Athletic association personnel in a position to recognize such signs (coaches, athletic trainers, strength and conditioning specialists, academic counselors, etc.) will be required to participate in regular continuing education conducted by medical personnel to review common signs and symptoms associated with drug and alcohol abuse.

Notification of Student-Athlete

The student-athlete may be notified by the athletic training staff of a scheduled random drug test. The student-athlete is required to complete a drug testing notification form, acknowledging notification and verifying the date, time and location of the test. A witness may accompany the athlete to the collection station.

Drug Test Site

During the pre-participation physical, drug testing may be performed at the University Health Center or a designated locker room/restroom in either the Stegeman Coliseum or the Butts-Mehre facilities. With random testing or reasonable suspicion testing, the site will be a designated locker room/restroom area in one of the UGAA facilities.

Specimen Collection Manipulation or Adulteration

Any attempt to substitute, manipulate, adulterate or intentionally dilute a urine specimen will be treated as a positive drug test. Manipulation refers to the use of any product, including excessive water consumption, used for the purpose of providing a dilute urine sample or substitution of a urine sample. Adulteration refers to the use or attempted use of any chemical or product (including water) added directly to the urine sample for the purpose of interfering with the testing procedures used to identify the presence of drugs.

Classification of a Positive Drug Test

Specimens are analyzed by a laboratory accredited by the United States Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA). If a student-athlete tests positive, their medical record will be reviewed at that time to determine whether any medications (prescription and/or over-the-counter) or dietary supplement may have caused the positive test. In this event, the Drug Testing Program Director and Director of Sports Medicine would consult with the appropriate personnel (prescribing physician,