

EAST CAROLINA UNIVERSITY
DRUG EDUCATION AND TESTING PROGRAM

A. Introduction:

The improper use of drugs has become a matter of deep concern within our society. Many lives are being damaged, and in some cases destroyed, by drug use. East Carolina University is determined to help all students and employees avoid such hazards, through its established policies on drug abuse that apply to all members of the academic community. However, this program is specially designed for the members of our intercollegiate athletic teams. It is based on the premise that drugs and athletics do not mix. First, many drugs, when used in conjunction with athletic activities or physical conditioning programs, can pose serious risks to the health of the athlete and may endanger other persons in contact with the drug user. Symptoms of illness, temporary or permanent injury, and even death can be caused by such drug use.

Second, the use of certain drugs temporarily may improve some types of athletic performance and thereby create an unfair competitive advantage for the person using them. Such uses of drugs violate the basic principles of sportsmanship.

Third, intercollegiate athletes frequently become highly publicized role models and their abuse of drugs can negatively influence other young people as well as damage the reputation of the institution.

B. Basic Program Requirements:

It is the intent of this Drug Education Screening and Counseling Program to deter the use of drugs and alcohol and (1) to assist in identifying the athlete who is a substance abuser through a screening program based on periodic testing to reveal use of drugs; (2) to promote an education program that informs student athletes about drugs and drug abuse; that informs student athletes about drugs and drug abuse; (3) to assist in the rehabilitation of student athletes found to be misusing drugs; and (4) in appropriate cases, to remove from our athletic programs any student athlete who is found to have violated the requirements of this policy.

To become and remain a participant in East Carolina University intercollegiate athletic programs, you must comply with the terms of this program on drug education, screening, and counseling. Accordingly, you should read these requirements carefully, and if you are willing to abide by them, you should sign your name at the space provided on the last page. If you decide not to sign, you will not be permitted to participate in University intercollegiate athletic programs.

C. Educational Program:

An important part of this program is an ongoing educational effort designed to help student athletes avoid any involvement in prohibited drugs. Each member of every athletic team shall be required to participate in prescribed drug education activities. University staff members will encourage all student athletes to ask questions about this drug education screening and counseling program. Staff members will honor an athlete's request that this or her questions be answered in private. Team meetings will be held to emphasize the program's objectives and to reiterate the actions that athletes must take to comply with the policy.

D. Prohibited Drugs:

Some of the drugs about which we are concerned are illegal (that is, the law prohibits their sale, purchase, or possession). Others may be obtained by medical prescription. Some may be purchased lawfully "over the counter" in retail stores. But all such drugs are incompatible with the integrity of our athletic programs.

A student, during the period of his or her eligibility to participate in intercollegiate athletics, may not use the drugs specified in Appendix A. Provided, that if an otherwise prohibited drug is being used at the prescription of a physician, the patient may continue to participate in athletics if: (1) with respect to possible risks to the health of the patient, the attending physician certifies in writing that specified athletic activity safely may be undertaken and the patient executes a prescribed waiver which relieves East Carolina University of any responsibility for illness or injury attributable to engagement in athletic activity while under the influence of the prescribed medication; and (2) with respect to possible performance-enhancing effects, the patient's attending physician, in consultation with East Carolina University medical and athletic authorities, can and does implement a schedule of medication that precludes such performance-enhancing effects during times relevant to intercollegiate athletic competition.

E. Screening Program:

By agreeing to participate in this program, a student athlete agrees to submit to any tests prescribed by East Carolina University to reveal the use of any of the drugs listed in Appendix A. No such test will be administered unless the affected person first has signed an individual notification form (see Appendix B), which expressly identifies the specific test that he or she has been asked to undergo, at the specified time on a specified date. The basic test to be used for drug screening is a urinalysis. However, other types of tests from time to time may be utilized to determine the presence of drugs listed in Appendix A.

The testing based on urinalysis will be implemented as follows:

1. When tests will be administered:

- a. Announced pre-season testing:
All student athletes may be tested during the preseason for their respective varsity sports.
- b. Unannounced random testing:

All student athletes may be subject to periodic unannounced random testing. Specifically, on various occasions during the academic year, a percentage of the members of each team will be selected, at random, to be tested. The selection of individuals will be made through a blind drawing of names from the team roster by the Head Athletic Trainer or his designee. Each affected student shall be given written notice of the impending test. Such notification shall be accomplished by delivery to the affected student of a copy of a signed statement (Appendix B) prepared by the Head Athletic Trainer or his designee listing the student as one who was duly selected at random to be tested on the dates specified. The notification also shall include the time and location of the test and shall be signed by the student and submitted to the Head Athletic Trainer or his designee by the athlete to be tested or by the person making the notification.

- c. Testing in response to individualized suspicion:

A student athlete may be subject to testing at any time when, in the judgment of the Director of Athletics; there is reasonable cause to suspect the student is engaged in the use of any of the drugs prohibited by this policy. Such individualized reasonable suspicion may be based on information from any source, deemed reliable by the Director of Athletics, including, but not limited to: (1) Observed possession or use of substances that reasonably appear to be drugs of the type prohibited; (2) arrest or conviction for a criminal offense related to the possession, use or trafficking in drugs of the type prohibited; (3) observed abnormal appearance, conduct or behavior, including unusual patterns of absence from training or competition, reasonably interpretable as being caused by the use of drugs of the type prohibited.

Upon receipt of such information, the Director of Athletics shall confer with the University Attorney and the team physician to determine whether there is reasonable cause to suspect that the student is engaged in prohibited drug means: if the available facts were conveyed to a reasonable person unfamiliar with the student or the athletic program, that person would conclude that there is a factual basis for determining that the student is using a prohibited drug.

If individualized reasonable suspicion is found to exist, the Director of Athletics, or his designee, will meet with the student. At that meeting, the Director or his designee will provide written notice specifying the date, time and place at which the student will be tested (See Appendix C). The test will be conducted in accordance with the provisions of Section E.3. The consequences of failure to participate in or cooperate with such testing and the consequences of impermissible drug use discovered through such testing shall be the same as those applicable to unannounced random testing.

2. Consequences of failure to participate in or cooperate with the testing:

- a. If the student intentionally avoids service of notice or attempts to avoid such service of notice, eligibility to participate in intercollegiate athletics will be canceled for the balance of the academic year. The procedure prescribed in Section G applies to such a cancellation.
- b. If the student declines to execute the required individual notification form (Appendix B), eligibility to participate in intercollegiate athletics will be canceled for the balance of the academic year. The procedures prescribed in Section G apply to such a cancellation.
- c. If the student fails to appear at the designated time and place for testing without verified excuse acceptable to the Director of Athletics, eligibility to participate in intercollegiate athletics will be canceled for the balance of the academic year, subject to the procedures prescribed in Section G.
- d. If the student fails within a reasonable period of time to produce a required urine specimen, eligibility to participate in intercollegiate athletics will be suspended for the period of one week or until the student produces the required specimen under conditions prescribed by the Head Athletic Trainer, whichever is the lesser period of time. The period of suspension may be extended indefinitely upon failure to produce the required specimen on subsequently rescheduled testing dates. The procedures prescribed in Section G apply to any such suspension exceeding one week.

A cancellation of eligibility or a suspension exceeding one week, under the provisions of Section 2, shall be deemed to be an “occasion” of impermissible drug use within the meaning of Section F, for the purposes of accumulating sanctions in response to multiple violations of this policy.

3. Procedure for drug testing:

- a. The athlete shall be notified in accordance with Section E.1.
- b. A central meeting place will be designated in the written notice.
- c. Urine specimens will be collected under the guidelines set by the contracting Sample Collection Team.
- d. Negative tests and confirmed positives will be returned to the team physician and/or head athletic trainer.
- e. All positive tests will be checked on a master list. Impermissible drug use will be handled in accordance with Section F.

F. Consequences of Impermissible Drug Use:

When prohibited drug use has been verified through positive test results, the following consequences will apply.

1. First occasion:

- a. Confidential meeting to evaluate the nature and extent of drug involvement.

The student will be required to meet privately with the head coach to ascertain the facts about the nature, extent, and history of the problem. In eliciting information from the student, responses are to be oral, are not to be given under oath, and are to be revealed only to University officials, persons authorized by the student, and the parents of the student if he or she is a minor or is a “dependent student” as defined in Section 152 of the Internal Revenue Code of 1954 (viz., essentially, one who is financially dependent on the support of his or her parents, which would include most undergraduate students). If the athlete is a minor or dependent, he or she will be required to telephone his or her parents and inform them of the positive test in the presence of the head coach. If the parents cannot be reached by telephone, the head coach or his designee will take necessary steps to insure that the parents are informed. No other persons or agencies will be given information except in response to a valid subpoena or court order.

- b. Counseling and rehabilitation

The nature and extent of institutional counseling and medical intervention that may be required by the team physician as a condition of continued athletic eligibility will depend on the nature of the individual’s drug involvement. As a minimum, the student will be required to enroll in a drug education program prescribed by the institution.

- c. Follow-up testing.

The student may be subject to weekly testing for as long as is deemed appropriate by the team physician or his designee for the balance of the intercollegiate athletic season.

- d. Suspension or discontinuation of athletic-eligibility.

Even with respect to a first known occasion of drug abuse, if the problem is deemed by the Athletic Director to be sufficiently serious the student may be suspended from athletic participation for the stated interval of time or may have his or her eligibility canceled by the institution. If eligibility is canceled, a student will not be eligible for renewal of any athletic scholarship, and an existing scholarship may be subject to cancellation. Any such suspension or cancellation may be imposed only in accordance with the procedures specified in Section G. The parents of minor students and dependent students will be notified of any such cancellation or eligibility.

2. Second occasion:

- a. Notification of parents.

If the student is a minor or is a dependent student (as defined in Section F.1.a.) the student will be required to telephone his or her parents and inform them of the positive test in the presence of the head coach. If the parents cannot be reached by telephone, the head coach or his designee will take necessary steps to insure that are informed.

b. Suspension or loss of eligibility.

The student will be suspended from participation in intercollegiate athletics for a minimum of one (1) year from the date of the second positive test and his eligibility may be canceled. If eligibility is canceled, a student will not be eligible for renewal of any athletic scholarship, and an existing scholarship may be subject to cancellation. Any such suspension or cancellation may be imposed only in accordance with the procedures specified in Section G.

c. Counseling and rehabilitation

Appropriate medical and psychological monitoring and counseling may be supplied to the student, for the duration of any period of suspension, and thereafter for as long as the team physician deems appropriate.

d. Follow-up testing.

During the period of suspension and at any time following reinstatement, the student may be subject to weekly testing for as long as is deemed appropriate by the team physician.

3. **Third Occasion:**

a. Cancellation of eligibility.

The athletic eligibility of the student will be canceled permanently; the student will not be eligible for renewal of any athletic scholarship, and an existing scholarship may be subject to cancellation. Any such cancellation may be imposed only in accordance with the procedures specified in Section G.

b. Notification of parents.

The parents of minor students and dependent students will be notified of any such cancellation of eligibility.

c. Counseling and rehabilitation.

A student whose eligibility has been canceled may seek assistance from established University counseling and medical resources otherwise available to students incident to their enrollment at East Carolina University. Such services will not be initiated or supervised by the Athletic Department, since the student's affiliation with the athletic programs of the institution will have ended.

G. **Procedures for Imposing Serious Sanctions:**

Sections E and F of this policy provide notice of circumstances under which suspension or cancellation of eligibility to participate in intercollegiate athletic activities may be imposed. Sanctions such as suspension exceeding one week and cancellation of eligibility may be imposed only in accordance with the procedures here prescribed.

1. **Written notice:**

Before any suspension exceeding one week or cancellation is imposed, the student will be given written notice by the Athletic Director of the intention to suspend or cancel eligibility, of the reasons for the proposed action, and of the right of the affected student to request a hearing on the proposed sanction before it is imposed; provided, that is the proposed sanction is based on a preliminary determination of improper drug use that may threaten the health of the athlete or of other participants in athletics, athletic participation (training, practice, or competition) shall be discontinued immediately, pending a medical determination as to the fitness of the athlete to resume participation in athletic activities; this determination, designed to protect the health of the students, shall be made as promptly as possible; information supplied by the student to medical personnel incident to making such a determination shall not be admissible in any institutional disciplinary process and shall be treated as confidential, within the context of the doctor-patient relationship.

2. **Request for hearing or waiver of hearing:**

A student may obtain a hearing by addressing a request in writing to the Athletic Director within three (3) calendar days after receiving the written notice referred to in paragraph 1, above. However, following receipt of written notice, the student may signify in writing his or her intention not to request a hearing, and the proposed sanctions may be imposed immediately, without recourse to any institutional grievance or appeals process.

3. **Hearing:**

a. Hearing committee:

If an affected student requests a hearing, it shall be afforded before a standing committee consisting of three persons appointed by the Vice Chancellor for Student Life; no officer, employee, or agent of the Athletic Department shall be eligible to serve on such committee.

b. Conduct of hearing:

The hearing shall be convened within five (5) days after it is requested. The hearing shall be conducted in private, and only the members of the committee, the affected student and a person of his or her choice, and the Athletic Director or his delegate may attend, accompanied by a person of his or her choice, except for witnesses who are present to give testimony. The Director of Athletics, or his delegate, shall present evidence in support of the proposed suspension or cancellation. The affected student, accompanied by a person of his or her choice, may be present to hear and review all evidence presented in support of the proposed sanction, to challenge such evidence, and to present other evidence in his or her own defense. The burden shall be on the Athletic Director to prove, by a preponderance of the evidence that impermissible drug use in fact occurred. After hearing all such evidence as it deems relevant, the committee shall deliberate in private for the purpose of making findings of fact. The findings and conclusions shall be based exclusively on information supplied at the hearing. Within three (3) days after it concludes its inquiry, the committee shall report its conclusions concerning the facts, as well as any advice concerning the severity of the sanctions imposed, to the Vice Chancellor for Student Life, who shall decide what sanction, if any, shall be imposed.

H. **Appeals:**

Within five (5) calendar days, the affected student may appeal the decision of the Vice Chancellor for Student Life to the Chancellor and, thereafter, may pursue such appeals as may be permitted by the provisions of Section 501C (4) of **The Code** of the University of North Carolina. Cancellation of eligibility (with attendant cancellation of any athletic scholarship) may not be imposed until appeals through the level of the chancellor have been concluded.

Confidentiality of Information Concerning Drug Use:

Any information concerning a student's alleged or confirmed improper use of drugs, solicited or received pursuant to implementation of this program, shall be restricted to institutional personnel and to parents of minors or dependent students. No other release of such information will be made without the student's written consent, unless in response to appropriate judicial process. The institution cannot guarantee that law enforcement or prosecutorial authorities will not gain access to information in the possession of the institution, however, the institution will not voluntarily disclose such information, in the absence of a court order.

I. **Improper Provision of Drugs by Institutional Personnel:**

No officer, employee, or agent of East Carolina University may supply to any student athlete any drug that may endanger an athlete or affect athletic ability or performance, or otherwise encourage or induce any student improperly to use drugs, except as specific drugs may be prescribed by qualified medical personnel for the treatment of individual students. Any person who has information about a possible violation of this prohibition should report such information promptly to the Vice Chancellor of Student Life, who shall have authority to investigate the allegation and to report the results of any investigation to the Chancellor, for appropriate disciplinary proceedings against anyone who is charged with having violated this prohibition.

The foregoing statement of policy has been approved by the Chancellor and the Board of Trustees of East Carolina University, effective September 27, 1996.

APPENDIX A

NCAA BANNED-DRUG CLASSES

and

NUTRITIONAL SUPPLEMENTS

**NCAA Banned-Drug Classes
2005-2006**

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.**

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their institution's team physician or athletic trainer for further information.

Bylaw 31.2.3. Banned Drugs

The following is a list of banned-drug classes, with examples of substances under each class:

(a) Stimulants:

amiphenazole	methylenedioxymethamphetamine
amphetamine	(MDMA, ecstasy)
bemigrade	methylphenidate
benzphetamine	nikethamide
bromantan	pemoline
caffeine ¹ (guarana)	pentetrazol
chlorphentermine	phendimetrazine
cocaine	phenmetrazine
cropropamide	phentermine
crothetamide	phenylephrine
diethylpropion	phenylpropanolamine (ppa)
dimethylamphetamine	picrotoxine
doxapram	pipradol
ephedrine	prolintane
(ephedra, ma huang)	strychnine
ethamivan	synephrine
ethylamphetamine	(citrus aurantium, zhi shi, bitter
fencamfamine	orange)
meclonoxate	and related compounds
methamphetamine	

(b) Anabolic Agents:

anabolic steroids	
androstenediol	methyltestosterone
androstenedione	nandrolone
boldenone	norandrostenediol
clostebol	norandrostenedione
dehydrochlormethyl-	norethandrolone
testosterone	oxandrolone
dehydroepiandro-	oxymesterone
sterone (DHEA)	oxymetholone
dihydrotestosterone	stanozolol
(DHT)	testosterone ²

dromostanolone	tetrahydrogestrinone (THG)
epitrenbolone	trenbolone
fluoxymesterone	and related compounds
gestrinone	
mesterolone	other anabolic agents
methandienone	clenbuterol
methenolone	

(c) Substances Banned for Specific Sports:

Rifle:

alcohol	pindolol
atenolol	propranolol
metoprolol	timolol
nadolol	and related compounds

(d) Diuretics:

acetazolamide	hydrochlorothiazide
bendroflumethiazide	hydroflumethiazide
benzhiiazide	methylclothiazide
bumetanide	metolazone
chlorothiazide	polythiazide
chlorthalidone	quinethazone
ethacrynic acid	spironolactone
flumethiazide	triamterene
furosemide	trichlormethiazide
	and related compounds

(e) Street Drugs:

heroin	tetrahydrocannabinol
marijuana ³	(THC) ³

(f) Peptide Hormones and Analogues :

corticotrophin (ACTH)
human chorionic gonadotrophin (hCG)
leutenizing hormone (LH)
growth hormone(HGH, somatotrophin)
insulin like growth hormone (IGF-1)

All the respective releasing factors of the above-mentioned substances also are banned:

erythropoietin (EPO)	sermorelin
darbypoetin	

(g) Definitions of positive depends on the following:

- 1for caffeine—if the concentration in urine exceeds 15 micrograms/ml.
- 2for testosterone—if the administration of testosterone or use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.
- 3for marijuana and THC—if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.



Nutritional Supplements

Legislative assistance NCAA Bylaw 16.5.2.2 (Proposal No. 99-72)

The NCAA News -- August 14, 2000

Division I institutions should note that pursuant to NCAA Bylaw 16.5.2.2 (Proposal No. 99-72), which became effective August 1, 2000, institutions may provide only non-muscle-building nutritional supplements for the purpose of providing additional calories and electrolytes, provided they do not contain any NCAA-banned substances. Please note that there is an error in the 2000-01 Division I Manual relating to the new Bylaw 16.5.2.2. The second sentence should read as follows: "Permissible non-muscle-building nutritional supplements are identified according to the following classes: carbohydrate/electrolyte drinks, energy bars, carbohydrate boosters, and vitamins and minerals." In adopting Proposal No. 99-72, the NCAA Division I Board of Directors noted a lack of long-term studies on the possible side effects of muscle-building supplements and agreed that muscle-building supplements are performance-enhancing and provide a competitive advantage to those institutions that can afford to provide these supplements to their student-athletes.

During its July 26 telephone conference, the Division I Academics/Eligibility/Compliance Cabinet Subcommittee on Legislative Review/Interpretations determined that it is not permissible for an institution to provide nutritional supplements to its student-athletes, unless the supplement is a non-muscle-building supplement and is included in one of the four classes identified in Bylaw 16.5.2.2. Additionally, institutions should note that during its June 28 telephone conference, the subcommittee determined that it is not permissible for an institution or an institutional staff member to sell or arrange the sale of muscle-building supplements to student-athletes since this practice would be contrary to the rationale for the adoption of Proposal No. 99-72. Further, during the June 11 meeting of the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports, the committee developed a list of nutritional supplements/ingredients identified as permissible and nonpermissible under Bylaw 16.5.2.2. The committee considered input provided to it by relevant outside organizations. The legislation reflects a philosophy that proper nutrition based on scientific principles is one of the tenets to optimal performance. The following lists are not exhaustive but should be used as a guide to understanding the application of the legislation. Please note the example calorie calculations as they relate to the permissibility of energy bars.

Permissible

- Vitamins and minerals
- Energy bars
- Calorie-replacement drinks (for example, Ensure, Boost)
- Electrolyte-replacement drinks (for example, Gatorade, Powerade)

Nonpermissible

- Amino acids
- Chrysin
- Chondroitin
- Creatine/creatine-containing compounds
- Ginseng

Nutritional Supplements (continued)

- Glucosamine
- Glycerol
- HMB
- L-carnitin
- Melatonin
- Pos-2
- Protein powders
- Tribulus

Supplements Containing Protein

Also during the July 26 telephone conference, the subcommittee, at the recommendation of the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports, determined that a supplement that contains protein may be classified as a non-muscle-building supplement, provided it meets all of the following conditions:

- It is included in one of the four permissible categories set forth in 16.5.2.2;
- It does not contain more than 30 percent of calories from protein (based solely on the package label); and
- It does not contain additional ingredients that are designed to assist in the muscle-building process (see examples of nonpermissible supplements). To assist the membership in calculating the percentage of calories from protein contained in a particular supplement, please note that one gram of protein equals four calories. Therefore, the percentage of calories from protein contained in a nutritional supplement may be calculated by multiplying the number of grams of protein per serving by four and dividing the product by the total number of calories per serving. The following are examples of this calculation:
 - Energy bar contains 24 grams of protein with a caloric value of 250. 24 grams times four = 96 calories. $96/250 = .384$. Percentage of protein = 38 percent -- as an example, this energy bar would not be permissible.
 - Energy bar contains 17 grams of protein with a caloric value of 250. 17 grams times four = 68 calories. $68/250 = .272$. Percentage of protein = 27 percent -- as an example, this energy bar would be permissible.

This material was provided by the membership services staff as an aid to member institutions. Institutions may direct questions regarding this column to Damani Leech or Brad Hostetter at the NCAA national office. This information is available on the College Sports Network.

The contact for this page is mwilfert@ncaa.org © The National Collegiate Athletic Association

APPENDIX B

EAST CAROLINA UNIVERSITY
NOTIFICATION OF SCHEDULED SCREENING DRUG TESTING BY URINALYSIS

TO: _____, Student Athlete
FROM: _____, Athletic Director
DATE: _____
RE: Scheduled Urinalysis

Your name has been selected for screening drug testing as a member of the:

_____ Team.

You are to report to _____ on _____
at _____. If you cannot report at this time, **YOU MUST** call the Athletic Training office,
(252) 737-4560, to **re-schedule for another time on that same date.** **It is mandatory that you report for this
scheduled drug test on the specified date listed above.**

You will be required to provide a urine specimen at that time, consistent with the policies and procedures
established by the East Carolina University Drug Education, Screening, and Counseling Program.

=====

I understand that failure to appear at the assigned time will result in a positive test:

Printed Name: _____
(student athlete)

Signature: _____ (student athlete) _____ (date and time)

Witness: _____ (designated University official delivering the notice) _____ (date and time)

=====

Scheduled Screening Drug Test:

Name: _____ Date: _____

Time: _____ Place: _____

ATHLETE MUST PRESENT PICTURE ID

APPENDIX C

Sample of notice of testing based on individualized reasonable suspicion

Notice of Special Drug Testing by Urinalysis:

TO: _____
(Name of student)

FROM: _____,
Athletic Director
East Carolina University

RE: Scheduled Urinalysis

Based on individualized reasonable suspicion that you may be engaged in the impermissible use of drugs

prohibited by the Drug Education, Screening and Counseling Program for Intercollegiate Athletes of East

Carolina University, you are to report to _____ at _____
(designated location) (time)

on _____. You will be required to provide a urine specimen at that time consistent with the policies and procedures established by the Program.

Signed: _____ (student athlete) _____ (date and time of receipt)

Witnessed: _____ (designated University official delivering the notice) _____ (date and time delivered)

I have received and read the East Carolina University Drug Education and Testing Policy, and I have been given an opportunity to ask questions I may have had about this policy. I understand the policy and my responsibilities under it, and I have decided voluntarily to participate in the intercollegiate athletic programs to which this policy applies.

YEAR 1	_____	
	(Sport)	
	_____	____/____/____
	(Printed name of student)	(date of birth)
	_____	_____
	(Signature of student-athlete)	(date)
	_____	_____
	(Signature of at least one parent or guardian if the student is a minor under North Carolina law)	(date)

YEAR 2	_____	
	(Sport)	
	_____	____/____/____
	(Printed name of student)	(date of birth)
	_____	_____
	(Signature of student-athlete)	(date)
	_____	_____
	(Signature of at least one parent or guardian if the student is a minor under North Carolina law)	(date)

YEAR 3	_____	
	(Sport)	
	_____	____/____/____
	(Printed name of student)	(date of birth)
	_____	_____
	(Signature of student-athlete)	(date)
	_____	_____
	(Signature of at least one parent or guardian if the student is a minor under North Carolina law)	(date)

YEAR 4	_____	
	(Sport)	
	_____	____/____/____
	(Printed name of student)	(date of birth)
	_____	_____
	(Signature of student-athlete)	(date)
	_____	_____
	(Signature of at least one parent or guardian if the student is a minor under North Carolina law)	(date)

YEAR 5	_____	
	(Sport)	
	_____	____/____/____
	(Printed name of student)	(date of birth)
	_____	_____
	(Signature of student-athlete)	(date)
	_____	_____
	(Signature of at least one parent or guardian if the student is a minor under North Carolina law)	(date)