## "All About Me" Quilt

You are special! You are great! Make a little quilt that tells wonderful things about YOU!



## My Letters

 Q is for Quilt $\mathbf{q}$ is for quilt

Learning Buddies: Read the two phrases aloud. Have your child read with you. Trace the uppercase and lowercase letter $\mathbf{Q}$. Say the letter as you trace it.
How many words or pictures can you find on this page that have the sound that the letter $\mathbf{Q}$ makes in the word quilt?

My Numbers


## Sunday

Letter Identification With your child, look through the newspaper to find pictures of things that start with the same
sound the letter $\mathbf{Q}$ makes in the word quilt.

## Monday

## Math Play

Point to the number
4 in the newspaper. Have your child say the number and, if it's large enough, have your child trace the number.

## Tuesday

## Find the Feelings

Ask your child to point to newspaper pictures of people she thinks are happy. Ask your child why they think the people are happy. Repeat this activity, with your child pointing to pictures of people she thinks look sad.

## Wednesday

## My Name Dot-to-Dot

On one page of the newspaper, help your child find and circle the letters that spell his or her name. Connect the dots in order. How many times can you spell your child's name on one page of the newspaper?

## Thursday

## Just Like Me!

Look at pictures of people, especially children, in the newspaper. Look for things that your child and the picture person have in common. "This person has two eyes, just like you!" "This person is happy, just like you!"

## Friday

Find the Squares Say the word square and see if your child can hear the $\mathbf{q}$ sound after the $\mathbf{s}$ sound. Then, look through the newspaper for things that are square. Have your child trace square shapes with a finger while saying the word square.

## Saturday

Life-Size Paper Doll Tape a couple of pages of newspaper together so that the surface is large enough for your child to lie on it and have his entire body traced. Cut out along the "paper doll" of your child. Have your child decorate it with paints and markers.

